

BMWED

BROTHERHOOD OF MAINTENANCE OF WAY EMPLOYEES DIVISION
of the International Brotherhood of Teamsters

JOURNAL

Volume 122 ■ Number 4

www.bmwe.org

July/August, 2013



Atchison, Topeka & Santa Fe Frisco System Federation Hold First Quadrennial Convention

Smooth Road for the Former Frisco/AT&SF, Merger Proved a Success

The Atchison, Topeka & Santa Fe Frisco System Federation held their First Quadrennial Convention in Tulsa, Oklahoma on June 4 - 5, 2013. This was the first Convention since the merger and elections were held after the Frisco and AT&SF merged.

The AT&SFF enjoyed a relatively smooth convention and elections with more than 100 delegates and guests in attendance, including President Simpson,

Secretary-Treasurer Geller and a number of vice presidents and system officers from around the region.

"It was very gratifying to see the merged System Federation officers and members conduct themselves harmoniously and with such obvious pride in their accomplishments on behalf of the AT&SFF membership," offered

BMWED National Division President Freddie Simpson. "It is no secret that I believe responsible mergers that make sense and benefit our members are the future of our organization. This is a good example of where it has been a success," added Simpson.

The convention's various committees conducted the System Federation's business and then a

number of informational speakers were on hand to share retirement and healthcare advice to those in attendance. Also, a number of speakers from the National Division offered information and an overview of the Brotherhood in general.

Elections were also conducted
Convention, Continued on page 8



Left: BMWED President Simpson addresses the AT&SFF Convention, General Chairman Gary Marquart seated to his right.

Jack Gronewold

Correction – The front page of the May/June BMWED Journal contained an unfortunate error. Brother Jack Gronewold's name was misspelled both on the brick memorializing brother Gronewold, and in the print on the front page of the Journal.

On April 26, 2013, six fallen members of the BMWED were among the 20 deceased workers honored in a solemn Workers' Memorial Day ceremony held at the National Workers Memorial located in Silver Spring, Maryland. Among those honored was brother Jack Gronewold who died while traveling from one work location to another on June 21, 2012.

The memorial brick will be corrected and replaced at the National Workers Memorial as a permanent memorial to brother Gronewold.

ADVANCED OFFICER EDUCATIONAL SUMMER CLASS CONDUCTED

Candidates From Around the Country Successfully Complete the Course

The BMWED conducted another course July 28 – August 9, 2013, in the tradition of the commitment to continuing the BMWED "Transition to the Future" motto,

and preparation for the next generation of union leadership.

President Simpson and the National Division Officers committed themselves to a ten year plan

several years ago to make sure the BMWED was in good hands as the present generation continues its exit to retirement.

In addition to the two-week-long officer training classes, the Brotherhood also committed resources to numerous two-day seminars held around the country. Those seminars have included classes for Local Chairmen and Local Secretary-Treasurers, and recently a class for

Local Presidents has also been added. Three separate seminars are conducted in different classrooms at the same locations, with a general session for all on the second day.

The BMWED also has a training center in the new headquarters in Novi, Michigan, and it has been utilized for training on a variety of courses. The first Local Lodge President training was conducted in the facility and other training programs will follow.

The most extensive training is the two-week-long Advanced Officer Course which is conducted day and night, and through the weekend in order to compact all of the courses into a reasonable amount of time.

Included in the advanced training course are claims, griev-

Advanced, Continued on page 8



Advanced Officer Training Class, Summer Candidates.





POLITICS AND POLITICIANS—WHO SHOULD WE SUPPORT?

BMWED Legislative Issues—113th Congress



Director of Government Affairs
Charlie Hogue

We have a very proud and diverse membership in the BMWED. We also have many different views on political and social issues. So how in the world do we agree on what political candidates to support as a Botherhood? Surprisingly, the answer is quite simple. All you have to do is go to our BMWED Constitution and Bylaws for guidance.

Start with the Preamble to our Bylaws, which explains the objec-

tives of our Brotherhood. For example, paragraph 8 reads: "To use all honorable means to secure the passage of laws beneficial to our membership, and to improve labor conditions generally." Paragraph 9 follows: "To stimulate the civic education of the members in their political rights; and to use the ballot intelligently to the end that the Government may not be perverted to the interest of the favored few, but that it may be a 'Government of the people, by the people, and for the people' in the fullest sense."

Now go to Article XII Section 8 of our Bylaws, which reads: "It shall be the duty of the Legislative Directors... to carry out the program promoting legislation that will advance the wages, hours and working conditions and improve the quality of life for the membership and their families and to oppose legislation deemed detrimental."

So to recap: We are to promote legislation and candidates that will improve our wages, working conditions and secure benefits for

our members and their families as well as protect the benefits we currently have, such as railroad retirement, collective bargaining rights, sick benefits and unemployment.

What we don't see in our bylaws is what political party we should support or what position to take on social issues such as gun control, or abortion. Our responsibilities are clearly defined because we are a labor union that is rightly responsible for our members' labor issues and well-being. We support legislation and politicians that support our job-related rights, safety, wages and the financial quality of life for our families.

Yes it's true, in today's political climate the Democrats are more labor friendly than the Republicans. It is a fact that we have to deal with. But make no mistake about it, the political party or their social positions do not dictate who we support. We support those who support our members' labor conditions and future security.

Politics, Continued on page 22

QR Codes

A QR code (Quick Response Code) is a two-dimensional code that can be scanned with a mobile phone to gain access to specific information via the mobile web.



Scan me to Visit
the BMWED
website!

BMWED Division JOURNAL CONTENTS

July/August, 2013 ■ BMWED DIVISION JOURNAL ■ VOLUME 122 ■ NUMBER 4

The BMWED Journal is the official news publication of the Brotherhood of Maintenance of Way Employees Division of the International Brotherhood of Teamsters

Freddie N. Simpson
President and Editor

Perry K. Geller, Sr.
Secretary-Treasurer

Randall Brassell
Associate Editor

The BMWED Journal (ISSN 1049-3921/USPS 067460) is published bi-monthly – 6 times annually at 41475 Gardenbrook Road, Novi, MI 48375-1328. Periodicals postage paid at Southfield, Michigan and additional mailing offices.

ATTENTION POSTMASTER

Send address changes to BMWED, 41475 Gardenbrook Road, Novi, Michigan 48375-1328.

Subscription Price: U.S. and Canada—\$20.00 (U.S.) per year, in advance.

www.bmwed.org

Atchison, Topeka & Santa Fe Frisco System Federation Hold First Quadrennial Convention	1	Lyme disease: symptoms, prevention, treatment	17
Advanced Officer Educational Summer Class Conducted	1	Kevin E. Hussey	17
Jack Gronewold	1	Financial Assistance Available for Families of Deceased Railway Employees	17
BMWED Legislative Issues—113th Congress Politics and Politicians—		U.S. Department of Labor's OSHA announces proposed rule to protect workers exposed to crystalline silics	18
Who Should We Support?	2	Commemorative U.S. Postage Stamps Released August, 2013	18
Centenarians	2	BMWED Online Store	19
Stop Exporting Good Jobs	3	Death Benefit Department	20
Secretary-Treasurer's Report	4	New Benefit Year Begins July 1 for Railroad Unemployment and Sickness Benefits	20
A Reminder on Holiday Rules	4	Flexible Spending Accounts: Reimbursable Expenses	21
Roll of Honor	5	FAMES Safety Alert: Use of Electronic Devices	22
President's Perspective	6	BMWED Family Member Awarded 2013 Union Plus Scholarship	23
Retirement Changes During 05/01/2013 To 06/30/2013	7	Railroad Retirement Board Scheduled Informational Conferences	24
A Vice President Speaks	9		
BMWED Arbitration Department Hires Three New Staff Assistants	9		
Around the Brotherhood	10		
BMWED Directory	11 - 14		
Your Track To Health	16		

© BMWED 2013 All rights reserved.

Change of Address Request

Please remember to notify your System Office or the National Division of any change of address or telephone number. It is vital that this information be kept current. Railroad employers do not always provide this information to the BMWED.

Centenarians

"Happy Birthday" wishes to the following BMWED Retirees who recently celebrated their 100th birthday:

Enrico P. Didonato

A Dennison, Ohio, resident, Brother Didonato celebrated his 100th birthday on July 15, 2013. He last worked for the Penn Central Company as a Track Foreman prior to his retirement in 1973.

Samuel J. Witherspoon

A Ward, Alabama, resident, Brother Witherspoon celebrated his 100th birthday on June 2, 2013. He last worked for the Meridian & Bigbee Railroad Company as a Section Laborer prior to his retirement in 1977.

Charles A. Aiken

A Westminster, Vermont, resident, Brother Aiken celebrated his 100th birthday on June 10, 2013. He last worked for the Boston & Maine Railroad as a Trackman prior to his retirement in 1975.

The BMWED extends its sincere best wishes. Happy Birthday!



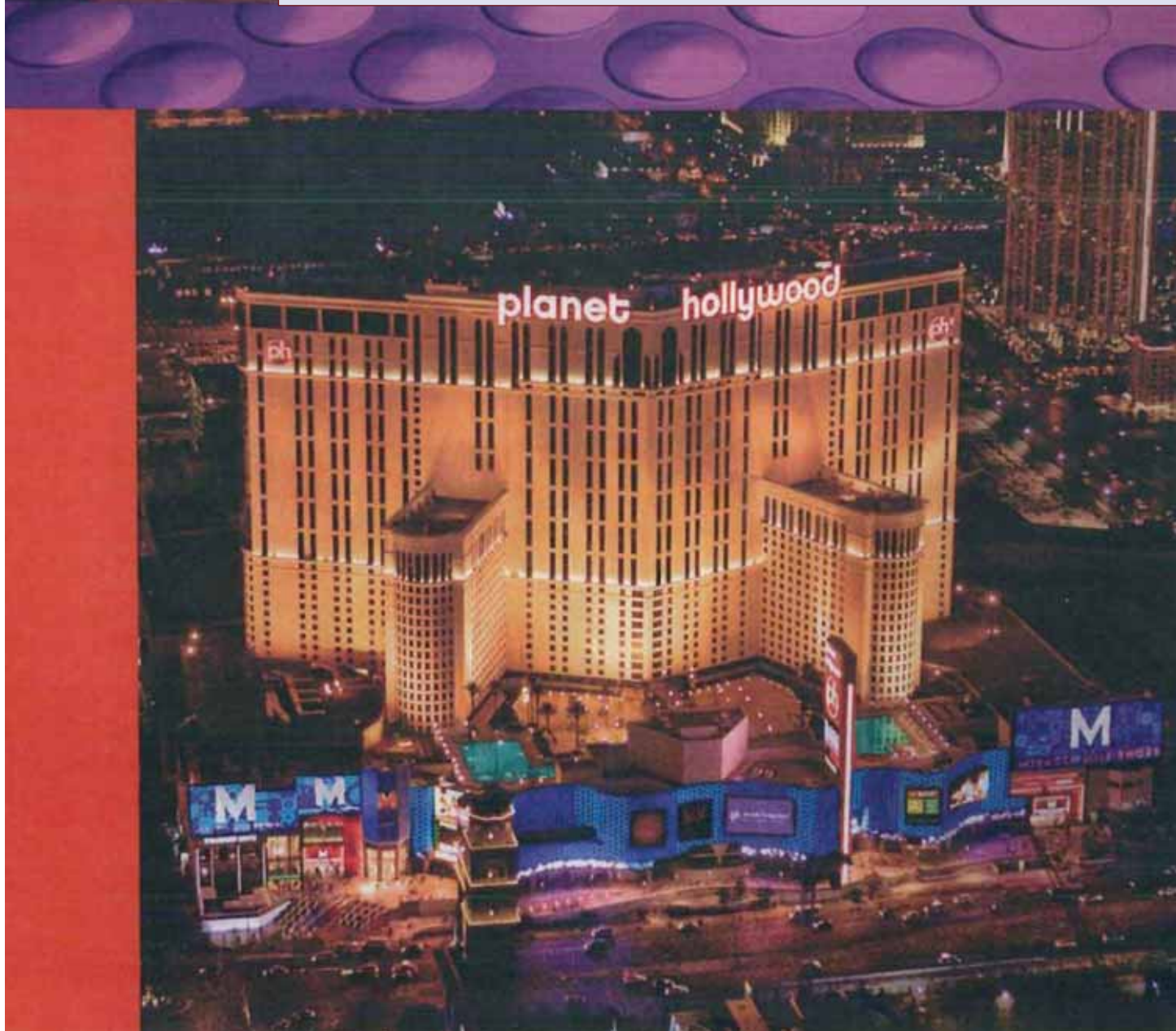


BMWED Bylaws, Article I, Sections 5 and 6

Sec. 5. The National Division shall convene in regular Convention in the month of June, quadrennially, at a time and date and in such city as may be determined by the National Division President and National Division Secretary-Treasurer jointly, with the approval of the National Division Executive Board.

The rules contained in the current edition of Robert's Rules of Order shall govern the BMWED in all cases to which they are applicable and provided they are not inconsistent with these Bylaws and any special rules of order the BMWED may adopt.

Sec. 6. At each regular Convention of the National Division, delegates shall be entitled to cast one vote for every member in good standing of the membership which he represents. Each National Division Officer shall be a delegate ex officio but he may not participate in the election of National Division Officers unless he has been elected as a delegate by secret ballot vote of members of a Local Lodge.



Stop Exporting Good Jobs



James P. Hoffa, General President, International Brotherhood of Teamsters

Workers across the U.S. today are working harder and being paid less while producing more than ever before.

Jobs that once allowed wage earners to support their families disappeared during the last recession, replaced by jobs that pay poverty wages. But more importantly, millions of good jobs have been exported over the past 20 years because of bad trade deals such as NAFTA, CAFTA and PNTR.

As difficult as it is for hardworking Americans to lead middle-class lives today, it could get worse if Congress doesn't make sure trade agreements currently being negotiated are in the interest of American families.

Members of Congress are inching toward considering the Trans-Pacific Partnership (TPP) deal on a straight up-or-down vote. If that happens, lawmakers would be giving away their own ability to amend the pact once trade representatives with the U.S. and 11 other Pacific Rim nations agree to it.

Fast track ties the hands of elected officials. Members of Congress wouldn't have a chance to amend TPP language that could cause all kinds of problems. It could endanger American food and consumer safety, undermine labor rules, eliminate Buy American provisions, weaken environmental protections, and even restrict the freedom of the Internet.

We can't allow this agreement to be rammed through Congress with an up-or-down vote. No one doubts the value of fair trade, but it's not fair if it puts American workers at a disadvantage and American consumers at risk. This

Continued on page 6



BMWED - 127 Years of Progress and Still...

ON TRACK
2014 Las Vegas

Third Regular Convention of the Brotherhood of Maintenance of Way Employees Division Announced

The Third Regular Convention of the Brotherhood of Maintenance of Way Employees Division of the International Brotherhood of Teamsters will be held June 23 - 25, 2014, at the Planet Hollywood Resort and Casino in Las Vegas, Nevada. More information will be provided as the Convention dates approach.





Perry K. Geller, Sr.

SECRETARY-TREASURER'S REPORT

In my last column, I criticized both the Federal Railroad Administration and the railroad industry for unnecessarily delaying the promulgation of new rules to protect roadway workers from trains passing on adjacent tracks.

Since I wrote that article back in May, we suffered four Maintenance of Way fatalities. One of the four fatalities occurred on an adjacent track.

I do not know if the delayed adjacent track rule would have prevented the tragic loss of life which occurred on an adjacent track near Chicago on July 5th, but it does beg the question. The final rule was scheduled to become effective on July 1, 2013 and all roadway workers were to be trained in the new adjacent track procedures prior to that date. The effective date of the long-delayed rule has now been pushed to July 2014. We have no way of knowing if those rules would have made a difference had they been implemented on July 1, 2013, but the absence of the new adjacent track rule clearly did not prevent the tragic loss of life that occurred on July 5th at Metra.

The past several months have been extremely tough on MW roadway workers and their families. In addition to the July 5th tragedy, a Metro North Commuter Railroad Track Foreman was struck and killed by a commuter train on an out-of-service track on May 28, in West Haven, CT. The cause of that accident appears to be an error at

the dispatching center that allowed a train to enter into the out-of-service track without the permission of the Employee-in-Charge (EIC).

Then, on July 14, a CSX MW welder helper was fatally injured when he reportedly fell down a steep embankment near Philadelphia, PA. The welder helper may have been suffering from heat stroke or heat exhaustion at the time of the accident. One day later, on July 15, a CSX Assistant Bridge Foreman was fatally injured when he reportedly fell through a section of unsecured walkway while engaged in a bridge rehabilitation project in Philadelphia.

My thoughts and prayers go out to the families, coworkers, and friends of our departed Brothers. I ask each of you to keep them in your thoughts and prayers as well.

These tragedies underscore the dangers of Maintenance of Way work and the need for protective rules. These tragedies also underscore the need for each one of us to watch out for one another and be our Brothers keepers whenever we are out on the track. Remember that Federal Regulations are the minimum, and we can always go above and beyond the minimum requirements to keep our work-

place and our coworkers safe. And sometimes, especially in severe weather or other extreme conditions, we just need to take a little extra time to check on one another and make sure there is nothing going on that warrants a safety intervention.

BMWED is doing everything in its power to improve safety for our members, but we need your help. Nothing is as effective as a knowledgeable and active workforce. Rules and regulations are really just words on paper. It is our ability to translate those words into actions and deeds that make a difference. So please, if you see something, say something.

If the job safety briefing or on-track safety briefing is insufficient or incomplete, demand clarification before stepping out on the track or performing work. If you believe that the on-track safety procedures to be applied at the jobsite are insufficient, federal law gives you an absolute right to initiate a good faith challenge and remain clear of the track until the challenge is resolved. And the Whistleblower provisions of §20109 of the Federal Railroad Safety Act prohibit a railroad from discriminating against an employee for, among other things, refusing to perform

unsafe work or authorize the use of unsafe railroad equipment, track, or structures.

Let us pay tribute to our fallen Brothers by redoubling our safety efforts and being our Brother's keeper. Safety is just too important to leave in the hands of management.

NOTICE

Article XV, Section 8 – Transfer Refunds

Sec. 8. Refunds of monthly dues, fees and assessments for those who transfer outside the jurisdiction of BMWED will only be allowed for the months following the month the applicable General Chairman involved receives a written request and/or a valid revocation of the Dues Deduction Agreement wage assignment authorization. A notice pertaining to the Brotherhood's dues refund Bylaws provision will be published semi-annually in the Secretary-Treasurer Report of the Journal or its successor publication.

A Reminder on Holiday Rules

If you are a furloughed employee of a railroad covered by the U.S. National Agreement with at least 60 days of seniority or 60 calendar days of continuous service preceding a covered holiday, and if you had compensation paid by the carrier credited to 11 or more of the 30 calendar days immediately preceding the holiday, you may be entitled to pay for that holiday even though you are furloughed.

For detailed information contact your General Chairperson.

The complete list of holidays are:

- New Year's Day • President's Day • Good Friday • Memorial Day • Fourth of July • Labor Day • Thanksgiving Day
- Day after Thanksgiving • Christmas Eve (the day before Christmas is observed) • Christmas Day
- New Year's Eve (the day before New Year's Day is observed)



ROLL OF HONOR

10year
MERIT AWARD

Table with 4 columns: Name, State, Points, Year. Includes Mark Akal, Eric J Alejo, Brandon S Alcie, JOSE L Almanza, Riley D Arnes Jr, Barry K Baird, Matthew T Baker, Vincente M Bandares, Jamie D Bankston, Keith M Bass, L David Beadles, Dustin L Beasley, Jason M Belcher, Jason H Bowling, James D Brantner, David K Bridges, Ernest R Brooks, Darrell A Broussard, Justin D Buck, Richard L Burton, Santos Cantu, T D Carper, M S Carr, Jonathan W Carr, Gary J Carr, Lee M Chalich, Shannon D Clyburn, Larry J Collins II, Daniel Covarrubia, Nicholas A Crawford, Daniel R Crosby, C S Dehaven, Gary L Endicott, Crescencio Esparza, Joseph G Floyd, Herbert W Forster, Jay L Friedl, Timothy L Frstick, Jose M Garcia Jr, Michael A Gomez, Timothy C Gossett, Kevin L Gray, Murphy Gray, Richard M Green, Jeffery S Green, Michael A Gurski, Barry L Hall Jr, Richard Halter, Ricky M Haralson Jr, Loren R Harris, Christopher A Helgesen, Apolonio Hernandez, Benito Hernandez, Brian S Holder, Arthur D Horton, David A Hughes, Ronnie R Hughes, Steven W Jasper, Joel A Jenkins, Jay T Jowers, Brian K Kaluk, Jason A Kaminski, Gregg C Kordenat, David A Layne, Merle S Ledbetter Jr, Bryan U Leroux, Michael L Lindborg, Miguel P Lopez, Marcos Lozano, David W Ludwig, Nathan A Mahaffey, Darrell W Martin, Johnnie C Martin Jr, Robert R Mathes, Johnny R Mc Coy, William B Messer, Douglas E Mitchell.

Table with 4 columns: Name, State, Points, Year. Includes Jesse M Mosqueda, Steven R Muller, R V Nelson, Nathan Ohlfs, Marcus J Owen, Charles L Padgett, David L Parrish, Tony M Parsons, C L Patton, Charles A Phillips, Michael D Phillips, Thomas J Powell, Brandon L Ramirez, John M Reid III, Joseph M Rose, Dan W Rynda, Jason L Sabourin, George L Santa Cruz, Dustin A Scallet, Jeffrey C Schoolfield, Brian S Seals, D E Shaw, Stuart R Sinclair, Michael E Smith, John F Smith, Woodrow E Smith, Everett A Smith Jr, Curtis L Snyder, Chap E Southern, Jordan C Speakman, Jason A Tabor, Theodore P Taylor, David B Taylor, Gary Tefteller, Wayne Tippit, Eric W Tripp, Bruce A Turner, Daniel S Vasquez, Nathaniel Walker, Ronald C Walker, Maurice L Walker, Justin E Walton, Richard D Warden, Ricky W Weatherly, Larry D White, Kenneth Wilkins Jr, Jeremy P Williams, Steve J Withers, Teddy G Woods Jr, Roosevelt Wright Jr, Richard A Yekin, Ronald L Young.

20year
MERIT AWARD

Table with 4 columns: Name, State, Points, Year. Includes Christopher R Adams, Travis W Alvis, Michael W Bailey, Jimmy D Bailey, Kenneth R Baker, James H Barber, Keith R Barker, Kevin R Barker, Manuel Begay, Yulando Begay, Darrell R Begay, Dennie L Belcher Jr, Jeffrey R Billings, Chad E Brasel, Jamie L Broom, Jeffrey S Bumpous, Floyd J Cheff Jr, Thomas A Chinski, Andy F Coan, John Creek, Sammy C Davis, Stephen D Denham, Howard M Dugger.

Table with 4 columns: Name, State, Points, Year. Includes Stanley G England, Randell L Fife, Alexander R Fitzgerald, Charles J Fleecs, Le Roy H Fryer, Raymond Garcia, Brian D Gedicke, Robby E Gilmore, Gregory M Godfrey, Wade L Grider, Todd C Hill, Kenneth H Houston, Kenneth D Hust, Anthony L Jim, Armond Johnson, Brian L Johnson, Donald D Joseph, Edward T Kee Sr, Matt W Koepp, Ronald L Kolkmeier, Robert L Krueger, Wayne R Kurtz, David Lauro, Bruce W Layne, James L Malay, Dale J Mc Croden, Alan L Mc Mahon, Kenneth H Megginson, Billy Mike, Gary N Mills, Kenneth R Monden A, Peter J Montanez, Ronald W Nygard, Carl E O Roke, Jeff A Ortiz, Willie J Owens, Donald R Pennington, Jose L Perez, Randy W Phillips, Troy D Pitzer, John D Plucinski, David B Rapp, Jerry K Rigby, Glen W Robinson, Richard M Rollinger, Theron L Rookstool, David L Rust, Wilbert Sam, Marty W Sandlin, Jennifer S Sandoval, Delfino R Sandoval, Ramone Schaeffer, K W Smith, Stephen M Soltis, Larry B Stewart, William C Taylor, Ray F Tesh, Douglas S Thomas, Adrian R Trevino, Francis Tsosie, Jerald A Vance, Tom M Verlanic, Monte J Viall, Pablo Villegas Jr, Albert W Wade, George M Walker, James E Wanklyn, Kevin D Wheeler, Michael G Whitfield, Lewis W Whittaker, Peter T Wilson, Matt Q Wood, Billison Yazzie, Kyle D Zard.

30year
MERIT AWARD

Table with 4 columns: Name, State, Points, Year. Includes Giuseppe Alaimo, Nathan G Ashworth, Murphy Bernard, Earl L Betselle, Stephen L Birch, Charles V Brown.

Table with 4 columns: Name, State, Points, Year. Includes C E Bunting, Roberto Calvillo, James R Colley, Jeffrey A Collins, David T Collins, Steve W Conley, David A Cooper, Simon Cruz, Byran B Curran, David W Dick, Robert Dick, Barry A Falls, Billy R Farmer, Larry M Golden, James E Grailer, Frank M Gudman, William J Hamm, Charles R Hargett, R G Holdren, George J Hollock, Eugene J Hollock, Carl A Horton, William R Howe, Larry R Hylton, Paul L Ingram, Thomas L Jeffery Jr, Dougherty Jim, Stephen B Jim, Richard C Johnson, Raymond Jones, Kevin Kidd, Wayne A Knepp, Tom D Kralle, Michael T Kudrich, Ricky D Law, Mark L Lee, Victor L Levitt, Bartolome G Linan, PHILLIP M Lovelace, Daniel M Mahoney, ELVIN L Marchant, Fred C Martinez Sr, Lamuel N Morris, Ballard T Morris III, Williams L Myers, William J Pavlick, Darrin C Peterson, Steve D Proffitt, Terrence W Ratcliff, Larry J Richardson, J R Rodriguez, Junior Sala, Franciso H Sanchez, Johnson Sandoval, James T Sawyers, Anthony Saxon, Dwain A Scott, Barry L Shorter, Alfred Smith Jr, Kevin M Snoots, Brian G Stultz, Wayne D Talbott, Kenneth W Thompson, Charles Underwood, T L Vinyard, Richard H Vogel, Rodney T Wallace, Mark A Welch, Wilmer G Whitehair, Kenneth J Willis, Claude R Winfrey Jr, Roger Yazzie, Wilfred Yazzie, Robert P Yonki.

40year
MERIT AWARD

Table with 4 columns: Name, State, Points, Year. Includes George L Allen, James H Bailey, Howard E Bailey, Gerald L Balch, Paul B Bochmann, Daniel L Bohl.

Continued on Page 7



Freddie N. Simpson

PRESIDENT'S PERSPECTIVE

On John Roberts' Court, Big Money/Big Corporate
is the ultimate winner

With all the fanfare surrounding the United States Supreme Court's decision to rebuke California's Defense of Marriage Act, effectively recognizing gay marriage in the states where it's sanctioned, arguably lost in the media

shuffle is Chief Justice John Robert's apparent march toward a favorable Constitutional interpretation for Big Business. This, of course, is a troubling development for workers of all stripes, especially Unionized employees.

In June, Chief Justice Roberts, appointed to the Court by President George W. Bush in 2005, wrote the Court's 5-4 majority opinion that effectively defangs the Voting Rights Act (VRA), a 1965 law that required states get federal approval before enacting changes to their election procedures. According to the Brennan Center for Justice, a public policy and law institute focused on "strengthening democracy and securing justice through law," since the start of 2011, 16 states have passed restrictive voting laws attempting to suppress the right to vote. Examples of the restrictive voting laws enacted by these states, most under the direction of Republican governors, include curbs on voter registration drives, new requirements on voters to produce government-issued photo IDs and supportive legislation for gerrymandered redistricting, mostly aimed at clustering racial minority districts to limit their electoral influence.

It may seem simple, and almost

Hoffa . . . from page 3

treaty needs to be fully vetted for its impact on our families and not rubber-stamped as a partnership between big corporations and big profits.

If the TPP is good for the U.S., the Obama administration and lawmakers shouldn't be concerned about it being debated out in the open on the House and Senate floors. Lawmakers need to do their job and take a good look at this secretive trade deal rather than rush it through without full inspection. A quick up or down vote will not give the TPP the scrutiny it needs. U.S. workers and industries deserve better.

logical, that a government-issued photo ID be a requirement to vote. In fact, at first glance, most of us would assume virtually everyone has a state-issued driver's license. But, according to the Brennan Center, as many as 11 percent of eligible voters — approximately 21 million Americans — lack a current, unexpired ID. That percentage grows even larger amongst senior citizens, minorities, the working poor, students and the disabled. Many in those categories have little to no need for a driver's license. Some may be too elderly or disabled to drive; others may live in a major metropolitan area such as New York City or Chicago, and rely entirely on public transportation. But, more noteworthy to those supportive of the interests of corporations and Big Business, is the fact that this group of close to 21 million votes chooses to cast most of those for candidates more likely to support Labor rights and the interest of the Middle Class. And therein rests the heart of Chief Justice Roberts' decision to erase the federal anti-suppression remedy supplied by the VRA.

Couple the VRA decision with the Citizens United case in 2010, another 5-4 decision that bars the federal government from limiting what corporations and Super PACs can spend on campaigns and elections, and you have the Republican's perfect storm of perilous news for middle-class folks, especially Unionized employees like those of us in the BMWED. What the Citizens United decision effectively allows is a greater likelihood that elections, and in turn, legislation, can be bought and sold. Mitt Romney famously let it slip that "corporations are people, too," and was rightfully derided and defeated by middle and working-class Americans at the polls. But Romney's corporate sentiment, as disenfranchising as it is to the working men and women who make up the vast majority of

American society, is at the crux of Chief Justice Roberts' decision in the Citizens United case. As now-retired Supreme Court Justice John Paul Stevens wrote in his dissent of the Citizens United ruling, allowing corporations to "unfairly influence" the electoral process with vast sums of money that few individuals can match, distorts the public debate of elections and flies in the face of democracy.

"The Court's opinion (in Citizens United) is thus a rejection of the common sense of the American people, who have recognized a need to prevent corporations from undermining self government since the founding, and who have fought against the distinctive corrupting potential of corporate electioneering since the days of Theodore Roosevelt. It is a strange time to repudiate that common sense. While American democracy is imperfect, few outside the majority of this court would have thought its flaws included a dearth of corporate money in politics," Justice Stevens wrote.

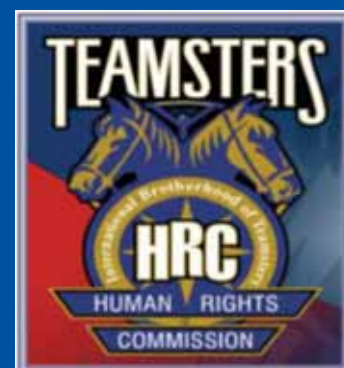
So, what can we do to block this swelling tide of decisions that embolden corporate power? Supreme Court Justices are lifelong appointees, immune, in a sense, from the ballot box. But all federal judges are nominated by political office holders, and political office holders are beholden to election cycles. In order to reverse recent court decisions unfavorable to working-class brothers and sisters, Unionized or not, we in the BMWED must educate both ourselves and others and vote for our interests. The money people like Karl Rove or the Koch Brothers intend to spend on elections in the coming years, now untapped and spewing with the help of the Supreme Court, will attempt — amongst other diversionary tactics — to throw the conversation off course. It will be up to us to stay informed and spread our message of fair wages, strong benefits and

pensions, and safer workplaces, amongst many other issues, to the public at whole.

An effective way to push back against corporate interests in politics is to donate to the Teamsters DRIVE (Democrats Republicans Independents Voter Education) initiative, which helps Unionized workers elect politicians who understand the needs of working families. Such support is vital, now more than ever, because Big Business has a clear friend in the current make-up of the Supreme Court.

Learn more about
the Teamsters
Human Rights
Commission, and
how you can
participate.

Contact BMWED
Vice President
Roger Sanchez at
(281) 354-4812, or,
by email at
lodge1507@aol.com.





RETIREMENT CHANGES DURING 05/01/2013 TO 06/30/2013

*** July 2012 ***									
Stanley B Lawrence	BURL	2621	BNSF	07/01/2012	Bruce W Mac Kenzie	N E	0228	CSXT	05/01/2013
Donald P Montgomery	SOU	0585	NS	07/22/2012	George J Feist Jr	BURNOR	0306	BNSF	05/02/2013
					Ken D RENOUD	BURL	2621	BNSF	05/04/2013
*** November 2012 ***					Francis H Mc Carthy	CRSF	0612	CSXT	05/07/2013
Jodie G Sheppard	ASF	0594	NS	11/15/2012	Scott A Lox	BURL	1533	BNSF	05/15/2013
					Brian M Olson	BURL	1074	BNSF	05/21/2013
*** January 2013 ***					Jerry A Jobe	AF	0112	CSXT	05/31/2013
Jerry A Lonn	BURL	1214	BNSF	01/01/2013	Norris E La Hue	AF	1155	CSXT	05/31/2013
Robert E Goble	SOU	0525	NS	01/01/2013	Jackie L Lucas	AF	0225	CSXT	05/31/2013
					Carl M Lunsford	AF	0112	CSXT	05/31/2013
*** March 2013 ***					Charles W Moody	AF	1155	CSXT	05/31/2013
Verl R Kreamer	CRSF	1363	NS	03/01/2013	Steven L Thacker	AF	0112	CSXT	05/31/2013
R S Faulkner	SOU	0808	NS	03/03/2013	Harold P Vanhorn	AF	0225	CSXT	05/31/2013
Simon Martinez	BURL	2857	NIR	03/18/2013	Albert R Webb	AF	0112	CSXT	05/31/2013
Steven K Shuck	BURL	1214	BNSF	03/26/2013	Larry L Wright	AF	1254	BMWE	05/31/2013
David E Canas	CRSF	1037	CSXT	03/27/2013	David A Bowman	ASF	0568	NS	05/31/2013
Dan R Dennis	BURNOR	0735	BNSF	03/31/2013	Robert D Cash Jr	ASF	0572	NS	05/31/2013
					Terry L Markwardt	BURNOR	0144	BNSF	05/31/2013
					Terry L Maschino	N E	0633	ST	05/31/2013
*** April 2013 ***					J E Sullivan	SOU	0645	NS	05/31/2013
Michael R Mc Grath	BURL	0331	SOO	04/01/2013	*** June 2013 ***				
Brent K Sharp	BURL	0331	SOO	04/01/2013	George J. Hollock	PENN	0935	NS	06/01/2013
LARRY Bellamy	SOU	0804	NS	04/01/2013	Fred R Gayness	ASF	0571	NS	06/01/2013
David D Hyde	BURL	1533	BNSF	04/02/2013	John F Capozzoli	CRSD	2906	NJT	06/01/2013
William C Smith	BURL	1351	BNSF	04/03/2013	Clair D Wing	CRSF	0887	NS	06/01/2013
Thomas R Travelstead	BURL	1302	BNSF	04/03/2013	Graham B Dukes Jr	AF	2163	CSXT	06/03/2013
Frank X Gioia	CRSF	0704	CSXT	04/04/2013	Harold L Rosier	AF	1064	CSXT	06/03/2013
T R Strange	SOU	0567	NS	04/05/2013					
					*** August 2013 ***				
Albert Ferguson	ASF	1464	NS	05/01/2013	William H Quattlebaum	SOU	0536	NS	08/01/2013
Paul J Ruble	BURL	1142	BNSF	05/01/2013					

Sign up for BMWED News Alerts and get the latest news sent directly to your email account.

To sign up visit the BMWED webpage at www.bmwe.org, or send your name and email address to dyack@bmwe.org, along with a request to be added to the BMWED News Alert list.

Roll of Honor, Continued from Page 5

Mike L Bonacci	BURL	1105	1973	Billy F Moore	AT&SFF	2409	1973	Randolph Winn	AF-SE	2067	1973
James R Bowers	AT&SFF	0493	1973	Marcello MORENO	AT&SFF	2410	1973	Robin W Wosepka	USD	0239	1973
Warren W Bowman	AF-SW	0564	1973	Bryant D Moses	AF-SE	0562	1973	Thomas W Zachrich	ASF	0888	1973
Robert S Brewer	AF-SE	0696	1973	Joel D Murphy	WCSD	2928	1973				
Robert J Brice	CRSF	0866	1973	Ben C Murray	USD	0779	1973				
Salvator P Bruscato	BURL	2857	1973	Jose L Navarro	AT&SFF	2405	1973				
Gary A Buckley	CRSFNP	2307	1973	Glenn Odberg	BURL	1488	1973				
John E Cleaves	BURL	0783	1973	Craig M Oleson	USD	1381	1973				
Jon P Coolican	USD	1757	1973	Duane Olney	USD	0692	1973				
Stanley J Crabtree	BURL	2621	1973	Jose L Orozco	AT&SFF	2401	1973				
Rick R Dauer	CRSF	2775	1973	Roberto R Perez	AF-SE	0409	1973				
John Dawkins	ASF	0301	1973	Joseph R Perry	N E	1368	1973				
Gary R Doss	AT&SFF	2402	1973	Ronald L Peters	BURL	0788	1973				
John C Dunn	AF-SE	0466	1973	Alfred C Portillo Jr	USD	0508	1973				
Guillermo Esquivell	AF-SW	1563	1973	Richard L Procise	ASF	0598	1972				
Max J Ficken	AT&SFF	0493	1973	James A Quilling	BURL	0928	1973				
William T Flint	CRSF	0866	1973	Oscar R Ratliff	USD	0779	1973				
ROGER W Freeman	BURL	0798	1973	Daniel R Rogers	USD	0107	1973				
Ronald R Gilliland	CRSF	1234	1973	R C Rolan	AT&SFF	2410	1973				
Bruce D Gilseth	BURL	1481	1973	Michael L Ruckman	USD	1097	1973				
Donald A Glista	CRSF	1234	1973	J H Ruggles	AT&SFF	2411	1973				
Merwin Gottschall	BURL	1481	1973	Hardy H Rushing	AF-SE	2067	1973				
Gregory A Guisti	BURL	1302	1973	Ronald J Sabata	BURL	1320	1973				
Nicolas R Gutierrez	EJ&E	0358	1973	Richard L Semrow	WCSD	2931	1973				
Mark E Hemphill	AT&SFF	2406	1973	Thomas L Shipley	AT&SFF	2402	1973				
James M Henshaw	CRSF	0887	1973	Steve R Shorten	AT&SFF	2402	1973				
Dennis J Herbert	USD	1054	1973	Ronnie J Sinclair	AT&SFF	2415	1973				
Jerry R Hill	SOU	0034	1973	DAVID W Sintek	BURL	1108	1973				
Larry V Howard	AT&SFF	2402	1973	Edward A Sites	CRSFNP	1363	1973				
Douglas F Hulke	USD	0239	1973	Vernon Skarie	BURNOR	0249	1973				
William E Hutto	AF-SE	1857	1973	James F Smith	SOU	0673	1973				
David D Hyde	BURL	1533	1973	William C Snell	BURL	0798	1973				
Michael R Johnson	SOU	0525	1973	William A Sowinski	AF-SE	1432	1973				
Fredrick W Kidd	SOU	0585	1973	Paul F Stockton	BURNOR	0158	1973				
Robert A Klingler	BURL	0783	1973	Terry L Thompson	AT&SFF	2417	1973				
Jonathan L Lusk	ASF	0551	1973	Terry L Treat	USD	0968	1973				
Hector R Magallanes	AF-SW	0044	1973	Boyd L Warner	USD	0918	1973				
James Malin	USD	1034	1973	Billy L Wells	SOU	0808	1969				
David T Manring	USD	1054	1973	William J Wenninghoff	USD	1788	1973				
Thomas C Manuel	BURL	0783	1973	Rick V White	USD	0381	1973				
Victor H Mc Crary	AF-SE	1643	1973	Larry R Wiesman	AF-SW	0115	1973				
Kenneth B Mielke	USD	1034	1973	Carl E Wilkinson	PENN	3030	1973				
Douglas R Moon	AT&SFF	2404	1973	C D Willis	AT&SFF	2408	1973				
								Gerald L Eklund	BURNOR	0320	1953
								George Gurtner	PENN	3007	1953
								Donald E Hart	USD	1002	1953
								Lloyd E Hedlund	BURL	1888	1953
								Austin S Kinney	N E	0633	1953
								George R Layton	PENN	3075	1953
								Domingo M Lopez	AT&SFF	2413	1953
								Salvador G Mercado	USD	1096	1953
								Leroy Messamore	ICGF	1210	1953
								Jose F Mondragon	USD	0686	1953
								Ben Ochoa	USD	0779	1953
								Bill D Pollock	CRSFNP	1664	1952
								Dennis D Rasmussen	USD	0239	1953
								Lawrence W Seaman	CRSF	2780	1952
								G R Solomon	PENN	3084	1952



Terry A Collins	BURL	2621	1963
Leroy K Syth	BURNOR	0104	1963



Gerald L Eklund	BURNOR	0320	1953
George Gurtner	PENN	3007	1953
Donald E Hart	USD	1002	1953
Lloyd E Hedlund	BURL	1888	1953
Austin S Kinney	N E	0633	1953
George R Layton	PENN	3075	1953
Domingo M Lopez	AT&SFF	2413	1953
Salvador G Mercado	USD	1096	1953
Leroy Messamore	ICGF	1210	1953
Jose F Mondragon	USD	0686	1953
Ben Ochoa	USD	0779	1953
Bill D Pollock	CRSFNP	1664	1952
Dennis D Rasmussen	USD	0239	1953
Lawrence W Seaman	CRSF	2780	1952
G R Solomon	PENN	3084	1952

QR Codes

A QR code (Quick Response Code) is a two-dimensional code that can be scanned with a mobile phone to gain access to specific information via the mobile web.



Scan me to Visit the BMWED website!



How to Use QR Codes

To access the information, you will need to download one of several free QR Code reader apps on your smart-phone. When you see a QR Code, focus your camera on the image and the application will recognize the code and automatically open up the link to display the web content.

WE WANT TO HEAR FROM YOU

If you have a special hobby or talent, hold public office, or have a story you would like to share, we would like to hear from you. Share your story with our BMWED Brothers and Sisters in the *BMWED Journal*.

Please send us your pictures and brief details along with a name, address and telephone number. You may email Rbrassell1@aol.com, or send by U.S. Mail to: BMWED Journal c/o Randall Brassell 242 West Main Street #394 • Hendersonville, TN 37075





Advanced, Continued from page 1

ance and appeal writing, followed by an actual mock claims conference and arbitration follow-up. Discipline hearing training is conducted with a mock discipline hearing videoed in the college's TV studio so that a follow-up and review of the participants can be reviewed and critiqued. Conducting effective union meetings with some public speaking is provided along with a course on parliamentary procedures. Courses in computer skills, writing skills, communications skills, introduction to negotiations, and time management are included. Evenings and weekends generally consist of guest speakers and professors on a range of subjects including Labor History, Labor Law History, Railway Labor Act, Labor Management Reporting and Disclosure Act and procedures, Labor Economics, Diversity, Workplace Violence, Whistleblower Protection, and a course on the history of the Railroad Retirement Act provided by our Railroad Retirement Board Labor Member Walt Barrow. A number of educational labor films are shown and discussed, and a review of the history of the BMWED and the Teamsters are also included.

Candidates are awarded a plaque commemorating their achievements and also receive continuing education credits from Volunteer State.

Excerpts from class critiques:

Class Candidate Rob Shanahan, Chicago Arbitration Department –

"I have found the training classes informative and have gained a lot of knowledge to enhance my skills as a Union Officer..."

Class Candidate Adam Feldman, Pennsylvania Federation –

"Thus far I have learned a great deal of the operating practices of the BMWED that I was unaware of. Each day has been a learning experience for me, from computer classes and writing skills to negotiating and claims conference..."

Class Candidate Fred Bess, Allied Federation –

"I'm glad that I was selected for this training. I've learned so much in this training from communicating effectively to writing letters. The grievance class was a real eye opener—it helped me understand the process from the ground floor. I think the training is great and I would not change anything at this time."

Class Candidate Don Lee, AT&SFF System Federation –

"I cannot begin to express how much I appreciate the opportunity to receive this BMWED Advanced Officer Training. The classes have been great; I really have enjoyed the negotiating and the opportunity to meet fellow officers and build relationships. I really have gained a wealth of knowledge this week...I'm looking very forward to next week and gaining all I can from the second half of this training. I'm looking forward to carrying these skills with me to the next level of union business."

Twenty-four candidates recommended from across the country were invited to attend the training. All of those in attendance completed the course.

"I'm proud of the success we have had during these training sessions and gratified by the response of the candidates," said BMWED President Freddie Simpson. "I'm comfortable with the knowledge that each will go back with enhanced skills to their respective responsibilities with a greater appreciation of the BMWED and the work we do on behalf of our members."

Convention, Continued from page 1



BMWED Secretary Treasurer Perry Geller (above), BMWED Western Region Vice President David Tanner address the AT&SFF Convention, BMWED General Counsel Bill Bon (seated).



and a number of the officers were re-elected, with the new addition of Assistant General Chairman Thomas W. Blackwell, formerly serving on the AT&SFF Executive Committee. Those elected are as follows:

Gary W. Marquart – General Chairman
Corey M. Wilbanks – Vice General Chairman/Secretary- Treasurer
Randy S. Lunow – Assistant General Chairman
Brian T. Poston – Assistant General Chairman
Jeffery L. Fry – Assistant General Chairman
Thomas W. Blackwell – Assistant General Chairman

All of the full-time officer's information can be found in the BMWED Directory included with this edition of the *Journal*.

In attendance were several new Delegates that were elected to the Joint Protective Board to attend this Convention, as well as new Members that were elected to the Executive Board Committee.

"I'm very proud of all of our officers and feel sure they will each perform their duties without a hitch," said AT&SFF General Chairman Marquart. "Everyone of our officers have attended the extensive Advanced Officer Educational at Volunteer State Community College in Hendersonville, TN, and I believe that training will aid them well," Marquart added.

BMWED Western Region Vice President David Tanner offered, "I would like to congratulate all of the AT&SFF officers on their elections, and all of the delegates and members on a very constructive and successful convention."

Apple Setup Instructions

From your Apple device, open the App Store, single click the Search button that is in the bottom, right corner. At the top of the screen, type "rss" in the search field and click Search. Scroll down the results until you get to XFeed RSS Reader and click it. You will be presented with more info on the application. Single click the Free button so it changes to say Install. Single click the Install button so the app is added to your phone. Once finished, click the icon to start the app. Single click the Plus button at the bottom of the screen and type <http://www.bmwe.org/rss.xml> in the feed URL box. Single click Search so the feed can be found.



Scan me for
instructions to
download the
app for
BMWED news

Android Setup Instructions

Open the Market. Single click the Search button in the upper, right hand corner. At the top of the screen, type rss in the search field and click Search. Scroll down until you get to "gReader (Google Reader / RSS)" and click it. Single click the Download button. Single click the "Accept & download" button. Once downloaded click the "Open" button. Select your Google account and click "Allow." Single click the + in the upper right-hand corner and type <http://www.bmwe.org/rss.xml> in the feed URL box. Select Search. Once the feed is found click the + sign to add the feed.



A Vice President Speaks



Henry Wise
BMWED Northeast
Vice President

Give low-wage, anti-worker Walmart the boot

You've probably shopped at Walmart. It's convenient and affordable, and its monopolization goal of American retail means there's virtually one on every street. Heck, Walmart has a lot of what a railroader needs to wear to work—and all on the cheap. Steel-toed boots, check. Coveralls, check. Gloves, socks, t-shirts, safety-shield sunglasses? Check, check, check, and check. The list of necessities and conveniences available at any of the tens of thousands of Walmarts located around the country is admittedly limitless.

But there's one check that Walmart has a difficult time with, and it's one that should concern us all, especially BMWED railroaders. And that's a fair and equitable paycheck.

Walmart employees are some of the lowest paid in all of retail. A \$254 billion corporation, which makes it the most profitable in retail, Walmart claims its average hourly wage for full-time employees in the U.S. is \$12.67—but even that rather paltry sum is a matter of dispute amongst labor watchdogs nationwide. IBISWorld, an independent market research group, says that average is closer to \$8.80 per hour. To make matters worse, Walmart is reportedly embracing a strategy that cuts employee hours in order to avoid issuing health coverage to full-time employees.

In July, when the Washington, D.C. City Council passed a measure requiring "big-box retailers" within its city limits to pay employees a minimum of \$12.50 per hour, Walmart scorned the proposal, complaining that it was unfair to competitive balance, and scratched plans to build three stores in the District. Meanwhile, competitor Costco, the second-largest retailer in the U.S. behind Walmart, pays its hourly workers an average of \$20.89 an hour and 88 percent of its employees have company-sponsored health insurance (with workers premiums that amount to less than 10 percent of the overall cost of the plan), according to a report in the June 6 issue of Bloomberg Businessweek. And although not entirely embracing Unionization, Costco is at ease with the fact that the International Brotherhood of Teamsters represents about 15 percent of its workforce, with the Businessweek story quoting a Teamster vice president as saying the Issaquah, Washington based company is "philosophically much better than

anyone else I have worked with."

And guess what? Costco's business has thrived over the last five years. Its sales have grown 39 percent and its stock price doubled (it's selling at \$112 a share, at this writing) since 2009. All told, Costco is prospering while simultaneously fairly compensating its employees and treating them with dignity and respect.

Here's what bears emphasis: there is value in all work. The railroad tycoons of the 19th and early 20th centuries saw little value in their employees. In the eyes of the men who were getting rich, the "bums" who were providing the back-breaking labor—the same work you perform everyday for your railroad company—were replaceable and forgettable. It wasn't until railroaders stood together and took a stand, organized and prepared to take on their bosses for a fair reward for their hard work, that progress took foundation.

Those who scoff at low-income workers to "just get another job" are looking at the world through privileged-shaded glasses. The service industry exists because it is necessary, and we all encounter these workers on a daily basis. They deserve dignity and respect, both from us and their employer.

As a Unionized railroad workforce, we should look for alternatives to Walmart. We should attempt to buy American products, especially those Union-made. There are websites that provide listings of Union friendly retailers, and we should use their resources. If we want to prosper as a Middle Class, it takes a collective and conscious effort.

Of course, there will always be attempts to sabotage our path to prosperity. Those in the ivory towers won't come down from their perch without a fight. Often, their punches will be subtle and well-disguised. Big business lobbyists, corporate associations, and board directors getting plump off low wages and diminished benefit packages will always act as if they are doing you a favor just by employing you. They'll spin it in cleverly disguised play-on-words, like "right-to-work" or "worker freedoms," both phrases nothing but slickly worded Union-busting malarkey shoveled out for slop. Don't eat it without a silver spoon, otherwise it tastes like a load of bull.

I encourage all BMWED members to spend their hard-earned dollars at employee and Union-friendly retailers when possible. Regrettably, in this day-and-age, finding such stores is an increasingly difficult task. It is important to remember the age-old adage, "money talks." If we as a unified group hit these shameless profiteers, like Walmart, where it counts—in their wallets—we will start getting their attention, and perhaps save the Middle Class.

BMWED Arbitration Department Hires Three New Staff Assistants

Three new staff assistants started work this past Spring at the BMWED Arbitration Office in Chicago. They will assist in the preparation and review of claims and grievances against the carriers filed by our membership.



Rob Shanahan Jr. began work in the Arbitration Office on March 25. Brother Shanahan started on the railroad as a work equipment repairman in April 2000 with METRA Northeast Illinois Railroad

Corporation, later finishing his time there in the B&B department. He served as Local Chairman with the ICGF Local Lodge 0469. Originally from Mokena, IL, Brother Shanahan now lives in Manhattan, IL with his wife, Emily. His father, Rob Shanahan Sr. (37 year service) and brother Brian Shanahan (six years service) both currently work for METRA.



Jonathan D. Henderson started with the Arbitration Office on April 1.

Brother Henderson began his railroad career with BNSF as a trackman in Gillette, WY, and his work took him across much of the midwest and western portions of the country. Brother Henderson is a member of Lodge 1302 on the Chicago BURL System Division. Originally from Grand Island, NY, Brother Henderson now resides in Chicago.



Zac Voegel began work with the Arbitration Office on April 8. Brother Voegel is a 2009 graduate of the University of Southern

Indiana and a 2012 graduate of the University of Dayton School of Law. Prior to coming to the BMWED, Brother Voegel worked at the law firm of Heyes, Dant, & Swartzen-truber in Washington, IN. His step-father, David Williams, is an Engineering Department Safety Coordinator with CSX Nashville Division and has 35 years of railroad service. Brother Voegel is originally from Wadesville, IN and now lives in Naperville, IL.

"We are very pleased to have Rob, Jon, and Zac on staff and know they will serve the Brotherhood well in the Arbitration Office in Chicago," President Simpson said.

"It is exciting to see bright, young men in pivotal roles within our Union and we know we are preparing ourselves for a promising future with these three recent hires. Welcome aboard."



Around the Brotherhood

Vice President Roger Sanchez and Members of the BMWED Committee on Diversity Attend Teamster National Black Caucus Convention

A number of the BMWED's Committee on Diversity joined South Region Vice President Roger Sanchez and BMWED Director of Organizing Tim McCall in Atlanta, Georgia, on August 17, 2013. The purpose of the Convention was to celebrate the 50th Anniversary of Dr. Martin Luther King's, "I Have a Dream" speech.



Members of the BMWED Committee on Diversity, left to right front row – Roger Sanchez, Kristina Delgado, Ramiro Ramirez, left to right back row – Andrew Shelton, Tim Hoffman, Tim McCall.



BMWED Committee on Diversity pictured with the Chairman of the Teamster National Black Caucus, Al Mixon, left to right front row – Ramiro Ramirez, Roger Sanchez, Deandre Cooksey, Al Mixon, Kristina Delgado, Jonathan Ellis, left to right back row – Andrew Shelton, Tim Hoffman, Tim McCall, Murphy Evans.

BMWED Delegation Attends the NAACP Convention

A delegation from the BMWED including, Southern System Division Vice Chairman Marcus Hood, C&EI System Federation General Chairman Tom Cartwright, BMWED Director of Organizing Tim McCall, Darrel Begaye, and Tim Hoffman attended the NAACP Convention in Orlando, Florida, July 13 - 17, 2013.



Pictured left to right: Marcus Hood, Jesse Jackson, Tom Cartwright, Tim McCall

Burlington System Division Local Lodge 509 Celebrates Fifth Annual Picnic

Members, family, retirees, and guest gathered at Stoddard Park in Wisconsin for Local Lodge 509's annual picnic on July 13, 2013. This is the fifth year the Local has gathered for a day out together.

Vice Chairman George Loveland was in attendance as well as all of the Local officers.

Local Lodge Secretary-Treasurer Jerry Weis reports that everyone enjoyed a meal and a lot of reminiscing, with plenty of horseshoes and games for the kids.



Local Lodge 509 members and guests.

Duluth, Missabe & Iron Range System Division Member Alden Westby Retires

Family and friends gathered in Britt, Minnesota, to celebrate the recent retirement of Alden Westby. Alden hired on the Duluth, Winnipeg & Pacific Railway in 1972, as a Section man in Virginia, Minnesota. Alden finishes his 41 plus year career as a Lead Hand Mechanic.

Alden's wife Cindy has a lot of projects and travel planned for the couple. Alden will make sure some of those trips include fishing.

Alden Wesby pictured with wife Cindy.



See *Around the Brotherhood*,
Page 15

LOCAL LODGES

Please notify the BMWED National Division of the passing of any retired BMWED member.

Call (248) 662-2660
extension 636.



BMWED

DIRECTORY

THE OFFICIAL DIRECTORY OF THE BMWED NATIONAL DIVISION & SYSTEM OFFICERS AND LEGISLATIVE DIRECTORS AS OF AUGUST 2013

FREDDIE N. SIMPSON

President
fns@bmwe.org

PERRY K. GELLER, SR.

Secretary-Treasurer
pkg@bmwe.org

VICE PRESIDENTS

J. R. COOK

Vice President At-Large
11467 Coates Highway
Brethren, MI 49619
(231) 477-5722
Fax: 231-477-5723
jrc@bmwe.org

Northwest Region

DAVID D. JOYNT

Vice President
5350 West Valley Road
Hastings, NE 68901
(402) 463-0816
Fax: 402-462-2747
ddj@bmwe.org

South Region

ROGER D. SANCHEZ

Vice President
P.O. Box 2250
Porter, TX 77365
(281) 354-4812
Fax: 281-354-6613
lodge1507@aol.com

Western Region

DAVID D. TANNER

Vice President
P.O. Box 116
Robertson, WY 82944-0116
(307) 782-7775
Fax: 307-782-7776
ddt@bmwe.org

Northeast Region

HENRY W. WISE, JR.

Vice President
3465 Smith Hill Road
Slatington, PA 18080-3423
(610) 767-4940
Fax: 610-767-6452
www.bmwe.org

EXECUTIVE BOARD

BILL R. PALMER

Chairman At-Large
P.O. Box 473
Falls City, NE 68355-0473
(402) 801-0273
Fax: 888-262-8871
mopge@neb.rr.com

South Region

DENNIS R. ALBERS

Secretary
111 Imperial Blvd., Suite C-300
Hendersonville, TN 37075
(615) 338-0027
Fax: 615-338-0209
dralbersbmwe@aol.com

Northwest Region

ROY L. MILLER

Member
12124 Hegg Avenue
Custer, SD 57730
(307) 532-1941
Fax: 605-673-2266
bmwe@goldenwest.net

Western Region

WAYNE E. MORROW

Vice Chairman
P.O. Box 850
Lyman, WY 82937
(307) 787-7058
Fax: 307-787-3100
usdgclyo@yahoo.com

Northeast Region

THOMAS J. NEMETH

Member
58 Grande Lake Drive, Suite 2
Port Clinton, OH 43452
(216) 382-7122
Fax: 216-382-5583
tbones8@ameritech.net

NATIONAL DIVISION APPOINTEES

President's Department

Novi, MI Office

41475 Gardenbrook Road
Novi, MI 48375-1328
(248) 662-2660 or (248) 662-2-(Ext. #)
Fax: 248-662-2659

CLARK BALLEW

Assistant to President
Ext. 605, cballew@bmwe.org

WILLIAM A. BON

General Counsel
Ext. 615, billb@bmwe.org

E. RANDALL BRASSELL

Director of Education & Communications
242 W. Main Street, PMB 394
Hendersonville, TN 37075
(615) 521-4097 Fax: 615-824-2164
rbrassell1@aol.com

WILLIAM A. HILDENBRAND

Executive Assistant to President
Ext. 602, billh@bmwe.org

PETER E. KENNEDY

Assistant to President
Ext. 614, peterk@bmwe.org

TIMOTHY McCALL

Director of Organizing
3121 Plantation Key Drive
Baton Rouge, LA 70816
(225) 752-3346 Fax: 225-752-3347
Cell: (225) 978-6503
Timmc1656@aol.com

VICTORIA THURLOW

Administrative Secretary
Ext. 610, vthurlow@bmwe.org

Arbitration Department

Chicago, IL Office

150 S. Wacker Drive, Suite 300
Chicago, IL 60606-4101
(312) 630-9328
Fax: 312-630-9438

KEVIN D. EVANSKI

Public Law Board Advocate
kevine@bmwe.org

GARY L. HART

Member, NRAB, Third Division
garyh@bmwe.org

RYAN D. HIDALGO

Staff Assistant
ryanh@bmwe.org

ANDREW MULFORD

Staff Assistant
andrewm@bmwe.org

DAVID M. PASCARELLA

Public Law Board Advocate
davep@bmwe.org

STEVEN V. POWERS

Assistant to President
stevep@bmwe.org

MARK J. SCHAPPAUGH

Staff Assistant
mschappaugh5@att.net

JONATHAN D. HENDERSON

Staff Assistant
jhenderson@bmwe.org

ROBERT J. SHANAHAN, JR.

Staff Assistant
rshanahan@bmwe.org

ZACHARY C. VOEGEL

Staff Assistant
zvoegel@bmwe.org

National Legislation Department

Washington, DC Office

25 Louisiana Ave., N.W., 7th Floor
Washington, DC 20001-2130
(202) 624-6800 or (202) 508-(Ext#)
Fax: 202-508-6450

KATIE L. FRUZYNSKI

Project Coordinator
(202) 508-6446
katie@bmwe.org

DONALD F. GRIFFIN

Director of Strategic Coordination and Research
1420 King Street, Suite 500
Alexandria, VA 22314
(703) 548-1262 Fax: 703-563-9457
dgriffin@bmwe.org

CHARLES R. HOGUE

Director of Government Affairs
(202) 508-6447
crhogue@bmwe.org

RICHARD A. INCLIMA

Director of Safety
(202) 508-6449
ricki@bmwe.org

CHERYL L. KILCHESKI

Assistant to President
1420 King Street, Suite 500
Alexandria, VA 22314
(703) 548-1261 Fax: 877-259-5588
ckilcheski@bmwe.org

SONIA PETTAWAY

Office Manager
(202) 508-6448
sonia@bmwe.org

Secretary-Treasurer's Department

Novi, MI Office

41475 Gardenbrook Road
Novi, MI 48375-1328
(248) 662-2660 or (248) 662-2-(Ext. #)
Fax: 248-662-2659

RICK FORBES

Director, Information Systems
Ext. 607, rick@bmwe.org

ANGELA KRAJEWSKI

Controller
Ext. 608, akrajews@bmwe.org

CHRIS LEIDY

Assistant Director, Information Systems
Ext. 634, chris@bmwe.org

WILLIAM J. MARTINKO

Field Auditor
P.O. Box 190
Brunswick, OH 44212-0190
(330) 460-5630 Fax: 330-460-5660
wjm@bmwe.org

MARY MOCHER

Staff Assistant, Financial Services
Ext. 621, maryl@bmwe.org

STEVE MOCHER

Government Reporting Services
Ext. 604, sm@bmwe.org

MICHELLE OSBORNE

Executive Assistant to Secretary-Treasurer
Ext. 609, michelleo@bmwe.org

JASON L. RICHERT

Field Auditor
Ext. 611, jlr@bmwe.org

CAROL SCHAEIDIG

Staff Assistant, Membership Services
Ext. 633, carol@bmwe.org

RYAN WHIPPLE

Administrative Accountant
Ext. 624, rwhipple@bmwe.org

DANIEL YACK

Staff Assistant, Information Systems
Ext. 622, dyack@bmwe.org

SYSTEM OFFICERS

AFFILIATED SYSTEM FEDERATION

(606) 931-0115
Fax: 606-931-0008

Alton & Southern Railway Company
CSX Transportation, Incorporated
—Seaboard System Railroad, Incorporated
—Cinchfield Railroad Company
MacArthur Bridge
Manufacturers Railway Company
Norfolk and Portsmouth Belt Line Railroad
Company
Norfolk Southern Corporation
Former—Des Moines Union Railway Company
Interstate Railroad Company
Norfolk & Western Railway Company
Southern Railway Company
Wabash Railroad Company
Northeast Illinois Railroad Corporation (Metra)
Terminal Railroad Association of St. Louis

THOMAS R. McCOY, JR.

General Chairman
9300 Runyon Road
Catlettsburg, KY 41129-8753

JACK E. DAVID

First Vice Chairman
1101 County Road 2375
Moberly, MO 65270-4200
(660) 263-7480 Fax: 660-263-7481
jedavid6030@gmail.com

RICHARD L. PROCISE

Second Vice Chairman
2400 Washington Avenue
Victoria, VA 23974-4700
(434) 696-2812 Fax: 434-696-2914
rprocise@embarqmail.com

ALFRED L. WARDELL

Secretary-Treasurer
RR.1 Box 63BBB
Pamplin, VA 23958



ALLIED FEDERATION

(800) 752-8009
(615) 338-0027
Fax: 615-338-0209
www.alliedfed.org

Amtrak
Appalachian & Ohio Railroad
Chicago & Eastern Illinois Railroad
Chesapeake & Ohio Railway
CSX Transportation Incorporated
Former—Baltimore & Ohio Railroad
Baltimore & Ohio Chicago Terminal
Durham & Southern Railway Company
Norfolk Southern Corporation
Seaboard System Railroad,
Incorporated
Louisville & Nashville Railroad
Seaboard Coast Line Railroad
Atlantic Coast Line Railroad
Columbia, Newberry and Laurens
Railroad
Atlanta and West Point—The Western
Railway of Alabama—
Georgia Railroad (including Augusta
and Summerville Railroad)
Atlanta Joint Terminals
El Dorado and Wesson Railway
Evansville & Western Railway Company
Florida East Coast
High Point, Thomasville & Denton Railroad
Huron & Eastern Railway
Kansas City Southern Railway Company
Former—Louisiana & Arkansas Railway
Company
Milwaukee-Kansas City Southern
Joint Agency
Louisiana and North West Railroad Company
Mid-Louisiana Rail Corporation
Monon Railroad
Norfolk Southern Corporation
New Orleans Public Belt Railroad
Oklahoma-Kansas-Texas Railroad Company
Port Terminal Railroad Association
Richmond, Fredericksburg and Potomac
Railway (including Potomac Yard)
St. Louis Southwestern Railway Company
Southern Pacific Transportation Company
Eastern Lines—Texas & Louisiana Lines
Texas City Terminal Railway Company
Texas-Mexican Railway Company
Union Belt of Detroit
Union Pacific Railroad Company
Former—Abilene & Southern Railway
Company
Fort Worth Belt Railway Company
Galveston, Houston and Henderson
Railroad Company
Galveston Wharves
Houston Belt & Terminal Railway
Company
Kansas, Oklahoma & Gulf Railway
Company
Missouri-Illinois Railroad Company
Missouri-Kansas-Texas
Railroad Company
Missouri Pacific Railroad Company
New Orleans & Lower Coast Railroad
Company
Union Terminal Railway Company
(St. Joseph, Missouri)
Weatherford, Mineral Wells &
Northwestern Railway Company
Winston-Salem Southbound Railway

DENNIS R. ALBERS

General Chairman
111 Imperial Blvd., Suite C-300
Hendersonville, TN 37075
dralbersbmwe@aol.com

BILL R. PALMER

Vice Chairman/Secretary-Treasurer
P.O. Box 473
Falls City, NE 68355-0473
(402) 801-0273 Fax: 888-262-8871
mopgc@neb.rr.com

W. G. FOEHR

First Vice Chairman
P.O. Box 1710
Waller, TX 77484
(936) 372-1906 Fax: 936-372-1909
bigbubba75@aol.com

TERRY W. MIRACLE

Vice Chairman
P.O. Box 452
Harrogate, TN 37752
(423) 869-9996 Fax: 423-869-9882
Tmiracle51@hotmail.com

PEDRO AMARO

Vice Chairman
203 E. Travis Street
Laredo, TX 78040
(956) 712-0080 Fax: 956-712-0082
jefes2003@yahoo.com

L. A. BUCKLEY

First Vice Chairman
141 Iroquois Trail
Ona, WV 25545-9740
(304) 736-2255 Fax: 866-890-6270
lab11058@aol.com

M. RUSSELL FARMER

Vice Chairman
2418 Foster Sprouse Road, N.W.
Thomson, GA 30824-6932
Cell: (706) 361-5777 Fax: 706-555-7289
afsmrfbmwed@yahoo.com

JEFFREY T. FINCH

Vice Chairman
4855 Magnolia Cove Dr., Apt. 148
Kingwood, TX 77345
(281) 741-9562 Fax: 281-741-9586
jeffreymfinch@yahoo.com

ROY GRIFFITH

Vice Chairman
7305 Hancock Village Dr., Ste. 533
Chesterfield, VA 23832
(800) 752-8009 Ext. 506
Fax: 866-231-5616
roysrep99@yahoo.com

DAVID R. LOPEZ

Vice Chairman
137 N. Ohio Avenue
Clarksburg, WV 26301-2230
(304) 626-3633 Fax: 304-626-3063
handyman1271@aol.com

SCOTTY D. NISWONGER

Vice Chairman
P.O. Box 1075
Beebe, AR 72012
(501) 843-8237 Fax: 501-246-8538
niswonger.scott@yahoo.com

LAURENCE J. PHILLIPS

Vice Chairman
7002 Thompkins Court
Griffith, IN 46319
(800) 752-8009 Fax: 219-750-9317
alliedlarry409@aol.com

ANDREW SHELTON

Vice Chairman
613 Myatt Street
Smyrna, TN 37167-4163
(615) 220-3468 Fax: 615-220-0066
aefahs@bellsouth.net

NATHANIEL TRAWICK

Vice Chairman
7720 Breezewood Circle
Pensacola, FL 32534-4015
(850) 474-6399 Fax: 850-474-6959
natetbmwed@aol.com

BRIAN R. THIES

Vice Chairman
2170 Lakeview Drive
Cutler, IL 62238-2202
(618) 497-2302 Fax: 618-497-2369
bthiesbmwe@hotmail.com

JAMES D. KNIGHT

Vice Chairman
2153 Broadwater Drive
Jacksonville, FL 32225
(904) 642-8076 Fax: 904-642-7838
kjimjoy@aol.com

LARRY L. FOSTER

Vice Chairman
1845 11000 Road
Oswego, KS 67356-8764
Cell: 620) 515-2664
llfoster@wavewls.com

ATCHISON, TOPEKA & SANTA FE FRISCO SYSTEM FEDERATION

(800) 835-2022 or
(316) 283-1470
Fax: 316-283-7264

Atchison, Topeka & Santa Fe Railway Company
Former—Illinois Northern Railway
St. Joseph Terminal Railroad
Company
Burlington Northern Railroad Company
Former—Quannah, Acme & Pacific Railway
Company
St. Louis-San Francisco Railway
Company
Colorado & Wyoming Railway Company
Hutchison and Northern Railway Company
Los Angeles Junction Railway
Sand Springs Railway Company
South Kansas & Oklahoma Railroad
Wichita Terminal Association,
Wichita Union Terminal Railway Company

GARY W. MARQUART

General Chairman
521 S.E. 10th Street
Newton, KS 67114-4407
Cell: (316) 836-1748
gmarquart@sbcglobal.net

RANDY S. LUNOW

Assistant General Chairman
521 S.E. 10th Street
Newton, KS 67114-4407
Cell: (316) 836-1834
rlunow@sbcglobal.net

BRIAN T. POSTON

Assistant General Chairman
521 S.E. 10th Street
Newton, KS 67114-4407
Cell: (316) 836-1862
btoston@sbcglobal.net

COREY M. WILBANKS

Vice General Chairman/Secretary-Treasurer
4729 East Ranch Road
Claremore, OK 74019
Cell: (918) 344-8898
cwilbanks1@sbcglobal.net

JEFFREY L. FRY

Assistant General Chairman
1205 Greene Road 214
Beech Grove, AR 72413
Cell: (918) 510-8169
jfry2@sbcglobal.net

THOMAS W. BLACKWELL

Assistant General Chairman
9760 Faggard Road
Beaumont, TX 77707-2611
Cell: (409) 273-8229
tblackwell22@sbcglobal.net

BESSEMER & LAKE ERIE SYSTEM DIVISION

Bessemer and Lake Erie Railroad Company

JUSTIN C. UNIK

General Chairman
123 Teakwood Road
Butler, PA 16001
(412) 600-3020
jcunik@zoominternet.net

BRYAN HILLIARD

Secretary-Treasurer
137 Mount Nebo Lane
Evans City, PA 16033

MATTHEW NIES

Vice Chairman
116 North Drive
Butler, PA 16001
(724) 601-3856
Nies92@yahoo.com

BURLINGTON NORTHERN SYSTEM FEDERATION

(612) 332-7947
Fax: (612) 332-6166
bmwebnso@bitstream.net

Burlington Northern Railroad Company
Former—Oregon Electric Railway
Oregon Trunk Railway
Camas Prairie Railroad
Lake Superior Terminal & Transfer Railway
Company
Longview, Portland and Northern Railway
Company
Montana Rail Link, Inc.
Oregon, California & Eastern Railway Company
Saint Paul Union Depot
Spokane International Railroad Company
Willamina & Grand Ronde Railroad Company

BRUCE G. GLOVER

General Chairman
510 1st Avenue North #601
Minneapolis, MN 55403-1609

DAVID L. CARROLL

Vice General Chairman
N 6126 Lacey Street
Spokane, WA 99208-2440
(509) 489-3080 Fax: 509-484-2068
dlcarroll60@comcast.net

TIMOTHY R. GILLUM

Vice General Chairman
P.O. Box 495
Castle Rock, WA 98611-0495
(360) 967-2395 Fax: 877-264-2810
Cell: (360) 430-2718
tgillum3@gmail.com

SHAWN ELLESTAD

Vice General Chairman
505 4th Avenue
Laurel, MT 59044-2303

JOHN A. MOZINSKI, JR.

Vice Chairman/Secretary-Treasurer
3442 32nd Street, South
Fargo, ND 58104-5140
(701) 293-6054 Fax: 701-297-2481
john.mozinski@gmail.com

BURLINGTON SYSTEM DIVISION

Hastings, Nebraska Office

(402) 463-0234
Fax: 402-463-0226
bmwebsd@windstream.net

Elk River, Minnesota Office

(763) 441-6355
Fax: 763-441-1741

BMWEDUS@aol.com

Burlington Northern Railroad Company
—Colorado and Southern Railway Company
Fort Worth and Denver Railway Company
Joint Texas Division of Chicago, Rock Island
and Pacific Railroad Company
Colorado & Wyoming Railway Company
Denver and Rio Grande Western Railroad
Company
Denver Union Terminal Railway Company
Iowa Interstate Railroad L.T.D.
Kansas City Terminal Railway Company
Keokuk Union Depot
Lake Superior & Ishpeming Railroad
Company
Northeast Illinois Railroad Corporation
Northern Indiana Commuter Transportation
District
Soo Line Railroad Company
Former—Chicago, Milwaukee, St. Paul and
Pacific Railroad Company
Minneapolis, Northfield and
Southern Railway, Incorporated
Toledo, Peoria & Western Railway Corp.

STACI MOODY-GILBERT

General Chairwoman
747 N. Burlington Avenue, Suite 312
Hastings, NE 68901
Cell: (402) 984-8488
bmwebsd@windstream.net

ROY L. MILLER

Vice General Chairman
12124 Hegg Avenue
Custer, SD 57730
(307) 532-1941 Fax: 605-673-2266
bmwe@goldenwest.net

TERRY A. BARRETTE

Vice General Chairman/Secretary-Treasurer
P.O. Box 468
River Falls, WI 54022-0468
(651) 324-5210
terrybarrette@att.net

RANDY S. ANDERSON

Vice General Chairman
2620 S. 102nd Street
Omaha, NE 68124-1808
(402) 575-1727
rsanderson@cox.net

GEORGE LOVELAND

Vice General Chairman
P.O. Box 32
Ellisville, IL 61431-0032
(309) 337-4262
gloveland7@yahoo.com

CHICAGO & EASTERN ILLINOIS SYSTEM DIVISION

(219) 696-2848
Fax: 219-696-3716

Chicago Heights Terminal Transfer Railroad
Union Pacific System
—Missouri Pacific Railroad Company
(Chicago & Eastern Illinois Railroad)

THOMAS J. CARTWRIGHT

General Chairman
17113 Nightingale Place
Lowell, IN 46356-7516
(219) 696-2848 Cell: 219-796-3668
Fax: 219-696-3716
cartwrightthomas@sbcglobal.net

PATRICK A. CHARTERS

Vice Chairman/Secretary-Treasurer
801 W. Bristow
Monticello, IL 61856-1730
(217) 762-4112 Cell: (217) 493-6437
pbjla801@frontier.com

COMMUTER RAILROAD SYSTEM DIVISION

(609) 396-8487 or
(609) 396-8488

(800) 344-2718 (in NY, NJ, DE, CT, PA only)
Fax: 609-396-8489
crsd2773@aol.com

New Jersey Transit Rail Operations,
Incorporated
Southeastern Pennsylvania Transportation
Authority

SEAN D. GERIE

General Chairman
P.O. Box 1238
Trenton, NJ 08607-1238

STEVEN J. HOFFMAN

Vice Chairman/Secretary-Treasurer
777 Congress Street
Toms River, NJ 08753-8705
Cell: (908) 399-2187
lansnest@aol.com





MICHAEL BARRETT

Vice Chairman
P.O. Box 5
Ridley Park, PA 19078-0005
Cell: (908) 399-2186

**CONSOLIDATED RAIL
SYSTEM FEDERATION**

(419) 734-9811
Fax: (419) 734-7267
crsf1@frontier.com

Amtrak (Albany-Rensselaer, New York Area)
Amtrak (Beech Grove, Indiana Shop)
Amtrak (Kalamazoo, Michigan, to Michigan
City, Indiana Facilities)
Consolidated Rail Corporation Shared Assets
(Detroit, New Jersey, Philadelphia)
CSX Transportation, Inc.
— Consolidated Rail Lines (NYC)
Pittsburgh & Lake Erie Railroad
Grand Trunk Rail System
Guilford Transportation Industries (Springfield
Terminal Railway Company) Boston and
Maine Corporation
Indiana Harbor Belt Railroad Company
Massachusetts Bay Commuter Railroad
Monongahela Connecting Railroad Company
Norfolk Southern Corporation
— Akron, Canton & Youngstown Railroad Co.
Lorain & West Virginia Railway Co.
New York, Chicago & St. Louis Railroad
Co. including Nickel Plate, Lake Erie
and Western and Clover Leaf Districts,
and Wheeling & Lake Erie Districts
Pittsburgh & West Virginia Railway Co.
St. Lawrence and Atlantic Railroad
Company

THOMAS J. NEMETH

General Chairman
58 Grande Lake Drive, Suite 2
Port Clinton, OH 43452
(216) 382-7122 Fax: 216-382-5583
tbones8@ameritech.net

DAVID G. BEAL

Assistant General Chairman
6324 W. Bethel Avenue
Muncie, IN 47304-8509
(765) 730-5043
bmwed89@gmail.com

PERRY K. GELLER, JR.

Assistant General Chairman
P.O. Box 953
Port Clinton, OH 43440-0953
(419) 309-0570
clevelandrocks2@hotmail.com

EDWARD W. LONG

First Vice Chairman
3493 Webster Road
Fredonia, NY 14063-9762
Phone/Fax: (716) 672-6322
elong@netsync.net

MICHAEL D. FLOWERS

Second Vice Chairman
402 East 1000 North
Alexandria, IN 46001-8487
Phone/Fax: (765) 724-4337
m.d.flowers@att.net

PAUL KILGALLON

Secretary-Treasurer
59 Carriage Road
Clifton Park, NY 12065-7503
(518) 371-4725 Fax: 518-371-4726
pkilga@aol.com

JEFFERY J. BAINTER

Assistant General Chairman
300 North Bliss Avenue
Muncie, IN 47304
(765) 759-8760 Fax: 765-759-8761
jbainter@bmwe.org

TIM HOFFMAN

Assistant General Chairman
36512 Derby Downs Drive
Solon, OH 44139-2656
thoff62920@sbcbglobal.net

JASON E. GRAHAM

Assistant General Chairman
1123 Washington Avenue
Girard, OH 44420-1964
Phone/Fax: (234) 421-5201
jakgraham@hotmail.com

JESSE J. DEWE

Assistant General Chairman
8483 Stout Road
Cuba, NY 14724-9714
Phone/Fax: (585) 968-8898
jjdew08@aol.com

**DULUTH, MISSABE & IRON
RANGE SYSTEM DIVISION**

Duluth, Missabe and Iron Range Railway
Company

MICHAEL W. NAGLE

General Chairman
6049 Seville Road
Duluth, MN 55811-9608
(218) 729-9786 Cell: (218) 428-7246
mwnagle@yahoo.com

W. “BUTCH” GALBRAITH

First Vice Chairman
1508 12th Street, South
Virginia, MN 55792
Cell: (218) 750-7122

JAMES R. SONNESON

Second Vice Chairman/Secretary-Treasurer
5629 W. Arrowhead Road
Hermantown, MN 55811

**ELGIN, JOLIET & EASTERN
SYSTEM DIVISION**

Elgin, Joliet and Eastern Railway Company

ROLANDO DELMURO

General Chairman
6912 Foxwood Drive
Schererville, IN 46375-4462
(219) 314-9658
rdelmuro87@yahoo.com

DAVID W. CHRISTIAN

Vice Chairman
26 N. Hobart Road
Hobart, IN 46342-3356

ROBERT De LA PAZ

Assistant Chairman
7821 W. 157th Place 2
Orland Park, IL 60462-5188

JOHN WERR

Secretary-Treasurer
8630 Raintree Road
Tinley Park, IL 60487
(708) 429-4909 Cell: (708) 743-4516

**ILLINOIS CENTRAL GULF
FEDERATION**

(270) 247-0600
Fax: 270-247-0453
bmweicgcf@att.net

333 East Broadway
Mayfield, KY 42066

Amtrak (New Orleans Union Passenger
Terminal)
Cedar Rapids & Iowa City Railway Company
Cedar River Railroad
Chicago, Central & Pacific Railroad Company
Columbus & Greenville Railway Company
Gateway Western Railway,
Illinois Central Railroad
Meridian & Bigbee Railroad Company
MidSouth Rail Corporation
Mississippi Export Railroad
Northeast Illinois Railroad Corporation
Paducah-Louisville Railway
Southern Pacific, Chicago, St. Louis
Corporation
—Chicago, Missouri & Western Railway
Company
SouthRail Corporation
Terminal Railway, Alabama State Docks

HAYWARD J. GRANIER

General Chairman
333 East Broadway
Mayfield, KY 42066
(270) 247-0636
granier1@hotmail.com

DARRELL L. McGUIRE

First Vice Chairman/Secretary-Treasurer
333 East Broadway
Mayfield, KY 42066

**NORTHEASTERN SYSTEM
FEDERATION**

Amtrak (Northeast Corridor)
Amtrak (South Station, Boston, Massachusetts)
Aroostook Valley Railroad Company
Bangor and Aroostook Railroad Company
CSX Transportation, Incorporation
—Consolidated Rail Corporation
—New York Connecting Railroad
Penn Central—New York, New haven and
Hartford Railroad Company
Delaware & Hudson Railway Company
Guilford Transportation Industries
(Springfield Terminal Railway Company),
Main Central Railroad Company,
Portland Terminal Company
Lamoille Valley Railroad Company
Montreal, Maine & Atlantic Railroad
New York, Susquehanna and Western Railroad
Corporation

DALE E. BOGART, JR.

General Chairman
3321 Vestal Parkway East #B
Vestal, NY 13850-2145
(607) 217-5333 Fax: 607-217-5811
cptrackman@yahoo.com

RENATO G. RUFO

Vice General Chairman/Secretary-Treasurer
161 Isabella Avenue
Providence, RI 02908
(401) 421-4292 Cell: (401) 829-2909
Fax: 401-454-0760
renatorufo@verizon.net

KENNETH E. HERRINGTON

Assistant General Chairman
36 Walnut Street
Mechanicville, NY 12118-1040
(518) 664-3557 Cell: (518) 859-6816
kherring@nycap.rr.com

MICHAEL B. CARTER

Assistant General Chairman
32 N. Cobble Hill Road
Warwick, RI 02886-9307
(401) 886-4747 Cell: (401) 465-1409
micar11954@yahoo.com

JOHN E. MILLER

Vice General Chairman
1131 County Road 35
Guilford, NY 13780-3122
Cell: (607) 316-7050
trucker51559@gmail.com

RICHARD S. PRINCIPATO

Vice General Chairman
9 Prince Terrace
Oakland, ME 04963-4550
(207) 680-6002

DAVID A. CONNER

Assistant General Chairman
20 Nickerson Lane
Rome, ME 04963-3238
(207) 397-2844

**PENNSYLVANIA
FEDERATION**

(215) 574-3515
Fax: 215-574-1910
www.pennfedbmwe.org

Akron and Barberton Belt Railroad Company
Amtrak
—Penn Central
Chicago Union Station Company
Washington Terminal Company
Canton Railroad Company
CSX Transportation , Inc.
—Consolidated Rail Corporation
Baltimore & Eastern Railroad Company
Buffalo Creek Railroad
Ironton Railroad Company, the
Lehigh Valley Railroad Company

Penn Central-Pennsylvania Railroad
Company,
Pennsylvania-Reading Seashore Lines
Monongahela Railway Company
Maryland and Pennsylvania Railroad
Company
Middle Fork Railroad Company
Norfolk Southern Railway Company
—Consolidated Rail Corporation
(See CSX Transportation, Inc.)
Western Maryland Railway Company

JED DODD

General Chairperson
421 N. 7th Street, Suite 299
Philadelphia, PA 19123-3925
doddjed@verizon.net

WILLIAM K. MANNING

Vice Chairperson
P.O. Box 285
Prospect Park, PA 19076-0285
(610) 461-8641 Fax: 610-461-0422
wkmanning@aol.com

GEORGE C. DAVIDSON

Vice Chairperson/Secretary-Treasurer
P.O. Box 2408
Aston, PA 19014-2408
(610) 485-4365 Fax: 610-485-4369
gcdavidson@comcast.net

CHARLES W. HANSLER

Vice Chairperson
149 Andreas Road
Andreas, PA 18211-9507
(570) 386-1155 Fax: 570-386-2811
chasrr@ptd.net

C. PERRY RAPIER

Vice Chairperson
309 Tillman Avenue
Greenville, OH 45331
(937) 459-5335 Fax: 937-459-5336
prapier@woh.rr.com

PAUL DOMINIC

Vice Chairperson
503 Route 259
Ligonier, PA 15658
(724) 238-7505 Fax: 724-238-7506
coachptd@yahoo.com

ANTHONY ROCHON

Vice Chairperson
P.O. Box 5267
Upper Marlboro, MD 20775-1267
(301) 336-9442 Fax: 301-336-3895
blessro@aol.com

STEVE STEARN

Vice Chairperson
P.O. Box 223
Perryville, MD 21903
(410) 658-6281 Fax: 410-658-6285
sstearn@zoominternet.net

THOMAS WOHANKA

Vice Chairperson
238 Garfield Avenue
Laurence Harbor, NJ 08879
(732) 673-9076 Fax: 732-566-6313
wohanka@verizon.net

**SOUTHERN SYSTEM
DIVISION**

(800) 537-2194
Fax: 865-671-1386

Norfolk Southern Corporation
Seaboard Coast Line Railroad Company
—Piedmont and Northern Railway Company
Southern Railway Company
—Alabama Great Southern Railroad Company
Atlantic and East Carolina Railway Company
Central of Georgia Railroad Company
Chattanooga Traction Company
Cincinnati, New Orleans and Texas Pacific
Railway Company
Georgia Northern Railway
Georgia Southern and Florida Railway
Company
Kentucky & Indiana Terminal Railroad
Company

Live Oak, Perry and South Georgia Railway
Company
Louisiana Southern Railway Company
New Orleans Terminal Company
Norfolk, Franklin and Danville Railway
Company
Tennessee, Alabama & Georgia Railway
Company
Tennessee Railway Company
Valdosta Southern Railroad
VAE Nortrak - Birmingham, AL Plant

SAMUEL J. ALEXANDER

General Chairman
P.O. Box 24068
Knoxville, TN 37933-2068
sam.alexander@charter.net

RICKY N. CHAMBERS

Assistant Chairman/Secretary-Treasurer
P.O. Box 24068
Knoxville, TN 37933-2068
Cell: (662) 415-9391
rickychambers@att.net

MARCUS F. HOOD

Vice Chairman
3470 Georgia Hwy 15 North
Warthen, GA 31094-4024
Cell: (706) 832-1606
mm34ga@aol.com

UNIFIED SYSTEM DIVISION

[Lyman, Wyoming Office - USD Headquarters](#)

P.O. Box 850
Lyman, WY 82937
(307) 787-7058
usdgclyof@yahoo.com

(800) 525-1833
(307) 787-7058
Fax: 307-787-3100

Amtrak
Former—Los Angeles Union Passenger
Terminal
Amtrak (Mechanical Facility, Los Angeles,
California)
Belt Railway Company of Chicago
Central California Traction Company
Chicago and North Western
Transportation Company
Former—Chicago Great Western Railway
Company
Chicago, St. Paul, Minneapolis & Omaha
Railway Company
Dakota, Minnesota & Eastern Railroad
Fort Dodge, Des Moines & Southern
Railway Company
Minneapolis & St. Louis Railway Company
Minneapolis Industrial Railway
Chicago and Western Indiana Railroad
Company
Escanaba and Lake Superior Railroad
Company
Harbor Belt Line Railroad
McCloud River Railroad
Northwestern Pacific Railroad Company
Ogden Union Railway and Depot Company
Peoria and Pekin Union Railway Company
Petaluma and Santa Rosa Railroad
Company
Portland Terminal Railroad Company
Pueblo Union Depot & Railroad Company
San Diego & Arizona Eastern
Transportation Company
Sierra Railroad Company
South Omaha Terminal Railway Company
Southern Pacific Transportation Company,
—Western Lines
—Pacific Lines
Stockton Terminal & Eastern Railroad
Tucson, Cornelia and Gila Bend Railroad
Union Pacific System
Former—Mount Hood Railway Company
Sacramento Northern Railway
Tidewater Southern Railway
Company
Western Pacific Railroad Company
Yakima Valley Transportation
Company
Utah Railway Company
VAE Nortrak - Cheyenne, WY Plant
Valley & Siletz Railroad Company





LOUIS R. BELOW

General Chairman
P.O. Box 629
El Dorado, CA 95623-0629
(530) 622-7535 Fax: 530-622-7569
Lbelow.usd@att.net

RICARDO CANCHOLA

Vice Chairman
P.O. Box 939
Elverta, CA 95626-0939
(916) 419-7754 Fax: 916-419-2066
rcanchola.usd@att.net

JEFF RANKIN

Vice Chairman
P.O. Box 733
Marshalltown, IA 50158-0733
(641) 753-9060 Fax: 641-753-9607
union@mediacombb.net

DAVID R. SCOVILLE

Assistant General Chairman
P.O. Box 141845
Spokane Valley, WA 99214
(509) 227-7295 Fax: 509-474-0386
brdgminky@aol.com

MIKE GEKAS

Vice Chairman
P.O. Box 1658
1414 Z Avenue
LaGrande, OR 97850-6658
(541) 962-7695 Fax: 541-963-4103
Cell: (202) 731-8229
mgekasusd@gmail.org

TONY D. CARDWELL

Vice Chairman
16727 Pony Express Way
Bend, OR 97707
(541) 593-0334 Fax: 541-593-3120
cardwell.usd@gmail.com

GALEN E. OWEN

First Vice Chairman/Secretary-Treasurer
P.O. Box 305
Trenton, MO 64683-0305
(660) 359-2551 Fax: 660-359-2174
bmwed2000@yahoo.com

BRIAN J. RUMLER

Vice Chairman
235 Nature Valley Place
Owatonna, MN 55060-1385
(507) 446-0901 Fax: 507-446-0903
bjrumler@gmail.com

ANDREW T. MURPHY

Vice Chairman
P.O. Box 201
Amherst, NE 68812-0212
(308) 238-0040 Fax: 308-238-0083
amurphy.usd@frontier.com

**WISCONSIN CENTRAL
SYSTEM DIVISION**

(920) 494-BMWE (2693)
Fax: 920-494-2694
brothersbmwe@sbcglobal.net

Wisconsin Central

JOE LETIZIA

General Chairman
912 Redwood Drive
Green Bay, WI 54304
Cell: (715) 572-7127

JOHN G. DAKE, JR.

Vice Chairman/Secretary-Treasurer
N1557 State Road 73
Wautoma, WI 54982
(920) 948-8931

THOMAS DAFFINSON

Second Vice Chairman
P.O. Box 413
Osseo, WI 54758-0413
(715) 597-2611

Pages 11 - 14 contain
the official directory
of the National
Division and System
Officers of the
BMWED as of
August, 2013. The
directory is published
twice annually.



STATE LEGISLATIVE DIRECTORS

ALABAMA

JAMES "TERRY" FRANKS
361 8th Avenue East
Guin, AL 35563
(205) 468-2171 Cell: (205) 269-5720
terryfra@centurylink.net

ARIZONA

GREGORY S. KREIE
P.O. Box 25861
Prescott Valley, AZ 86312-5861
Cell: (202) 230-7987
gkreie@sbcglobal.net

ARKANSAS

JEFFREY L. FRY
1205 Greene Road 214
Beech Grove, AR 72412-8763
(870) 573-6946
jfry2@sbcglobal.net

CALIFORNIA

GEORGE M. OTIS, JR.
206 Arbor Street
Vacaville, CA 95688
(707) 332-3125
gotis.usd@comcast.net

COLORADO

LAWRENCE M. LUCERO
P.O. Box 527
Las Animas, CO 81054-0527

CONNECTICUT

MELVIN W. LOZADA
P.O. Box 296
Groton, CT 06340-0296
(860) 501-1206
lotinomagic@yahoo.com

DELAWARE

GUY DOUGLAS
7 Berwick Court
Newark, DE 19702
Cell: (302) 507-6286
guyd_15@yahoo.com

FLORIDA

WILLIAM L. GLISSON
9212 Riverview Drive
Riverview, FL 33578
Cell: (813) 426-5338
wglisson@aol.com

GEORGIA

TOMMY L. BOYD
1847 Huckaby Road
Waycross, GA 31503-8311
(912) 614-2761
tboyd_4@hotmail.com

IDAHO

GARRY L. PURKEY
2334 N. Fort Hall Mine Road
Pocatello, ID 83201-7308
(208) 233-8008
garrypurkey@aol.com

ILLINOIS

ERIC D. DISMUKE
329 E. McIlrath St.
Harrisburg, IL 62946-1132
(618) 383-3539
dismuke2006@yahoo.com

INDIANA

JEFFREY J. BAINTER
300 N. Bliss Avenue
Muncie, IN 47304
(765) 759-8760 Fax: 765-759-8761
Cell: (202) 258-1507
jbainter@bmwe.org

IOWA

RON HOFFMAN
1607 9th Avenue, S.W.
Cedar Rapids, IA 52404
(319) 364-2180 Cell: (319) 270-3618
ronnithoffmann@gmail.com

KANSAS

JOHN A. (TONY) MARTINEZ
1301 S. Sherman Ave.
Liberal, KS 67901
(620) 624-6108 Cell: (620) 482-2578
tlmartinez3636@sbcglobal.net

KENTUCKY

MARK R. MCCARTY
3121 Village Gate CV
Owensboro, KY 42303-4029
(270) 929-7930 Cell: (202) 258-1408
markmcc@inbox.com

LOUISIANA

JACK W. MYERS
6827 N. University Avenue
Carencro, LA 70520-5244
(337) 896-4197 Cell: (337) 781-1129
jackmyers@cox.net

MAINE

VACANT

MARYLAND

STEVE STEARN
P.O. Box 223
Perryville, MD 21903-0223
(410) 658-6281 Fax: 410-658-6285
sstearn@zoominternet.net

MASSACHUSETTS

ANTHONY J. BOSSI, JR.
19 Shaw Street
Carver, MA 02330-1183
bossi8of9@yahoo.com

MICHIGAN

JASON L. RICHERT
41475 Gardenbrook Road
Novi, MI 48375
(248) 662-2611 Fax: 248-662-2659
jlir@bmwe.org

MINNESOTA

SCOTT KERLING
1200 Division Street, S.
Northfield, MN 55057-2622
(507) 645-2622 Cell: (952) 393-6617
rrbridgeguy@yahoo.com

MISSISSIPPI

MURPHY EVANS, JR.
2405 Whitetail Circle
West Point, MS 39773
(662) 494-8592 Cell: (662) 425-5659
mfuzzy666@aol.com

MISSOURI

RICHARD A. TAYLOR
9214 Highway J
Jacksonville, MO 65260-3409
Cell: (660) 651-4625
bearcat80@live.com

MONTANA

CODY DIX
636 7th Avneue, N.
Glasgow, MT 59230-1744
(406) 263-7329
dix.cody@yahoo.com

NEBRASKA

ANDREW T. MURPHY
P.O. Box 201
Amherst, NE 68812-0201
(308) 238-0040 Fax: 308-238-0083
amurphy.usd@frontier.com

NEVADA

FRANCISCO J. ROMO
5952 Hickory Nut Ave.
Las Vegas, NV 89142-0809
(702) 207-4696
fromo18@yahoo.com

NEW HAMPSHIRE

PETER C. RICARDI
486 Chapman Road
Keene, NH 03431-4380
petercharles@myway.com

NEW JERSEY

VACANT

NEW MEXICO

FRANK DAVID
P.O. Box 416
Vanderwagen, NM 87326-0416
(505) 778-5794 Cell: (505) 979-1093
fdavid@wildblue.net

NEW YORK

MICHAEL MANCINNI
40 Lovis Drive
West Sand Lake, NY 12196-3012
Cell: (518) 478-3296
mzonkman@nycap.rr.com

NORTH CAROLINA

FREDRICK C. BESS
429 Glencroft Drive
Wingate, NC 28174
(704) 733-8012
frebes36@msn.com

NORTH DAKOTA

COREY C. JOHNSON
911 4th Street SW
Minot, ND 58701
(701) 420-2070 Cell: (701) 720-4750
cjohnson5980@hotmail.com

OHIO

PERRY K. GELLER, JR.
P. O. Box 953
Port Clinton, OH 43440-0953
Cell: (419) 309-0570
clevelandrocks2@hotmail.com

OKLAHOMA

RONNIE J. TAYLOR
1405 W. Oklahoma Ave.
Enid, OK 73703-5740
Cell: (405) 740-6917
ron.taylor@hotmail.com

OREGON

MIKE E. GEKAS
P.O. Box 1658
1414 Z Avenue
LaGrande, OR 97850-6658
(541) 962-7695 Fax: 541-963-4103 Cell: (202) 731-8229
mgekasusd@gmail.org

PENNSYLVANIA

WILLIAM K. MANNING
P.O. Box 285
Prospect Park, PA 19076-0285
(610) 461-8641 Fax: 610-461-0422 Cell: (610) 322-7071
wkmanning@aol.com

RHODE ISLAND

GEOFFRAY ALBRO
1565 Main Street
Coventry, RI 02816-8444
(401) 419-2473
geoffa78@verizon.net

SOUTH CAROLINA

BRYANT D. MOSES
705 S. Church Street
Florence, SC 29506
(843) 669-8177 Cell: (843) 618-3473
bdmoses6@bellsouth.net

SOUTH DAKOTA

TIMOTHY R. EVEN
1310 3rd Ave. NE
Aberdeen, SD 57401
(605) 262-8000 Cell: (605) 216-2901
treven_57401@yahoo.com





Around the Brotherhood, Continued from Page 10

Allied Federation Bridge and Building Crew Replace Bridge



A six man CSX bridge crew illustrate their expertise in their craft as they work on the reconstruction of a bridge near Beattyville, Kentucky. A new bridge span constructed at CSX's BMWED West Virginia Bridge Shop will be installed. BMWED forces will be involved in all facets of the installation including the use of a CSX Locomotive Crane operated by BMWED forces in order to install the new bridge span.

Travis Bowling provides protection and looks on as the BMWED B&B Welders disassemble the bridge. Other members of the crew are underneath working on the bridge lateral system.

BMWED National Division Hosts Educational Seminar

The National Division hosted an educational seminar for Local Lodge Presidents, Chairmen, and Secretary-Treasurers at Surfside Beach, South Carolina, June 25 - 26, 2013. Nearly 100 members, instructors and guests attended the Seminar.

Two more Seminars are scheduled for August and November.



Secretary-Treasurer Geller addresses Local Lodge Officers.

Allied Federation Retirees Honored

Allied Federation Local Lodge 450 held their regular quarterly meeting in Park Hill, Missouri, on June 29, 2013. During the meeting the members took time out to award BMWED retirement watches to both Kenny Lack and Paul Burkman. Allied Federation General Chairman Dennis Albers was on hand for the awards.



Pictured left to right: Kenny Lack, Dennis Albers, Paul Burkman.



President Simpson addresses Local Lodge Officers.

BNSF New Hire Welders Attend Training

Burlington System Division Local Lodge 0798 Chairman Mark Semande was on hand and participated in a new hire training class for Welders on June 28, 2013, in Galesburg, Illinois. Mark is currently assigned as a Grinder Operator in Bushnell, Illinois.



Mark Semande illustrates some of the "Tools of the Trade" to the new hires.





Introducing the New “Your Track to Health” Brand and Website

The new brand: Your Track to Health



“Your Track to Health” represents the wide array of health and welfare benefits and resources available to eligible Railroad employees and their dependents.

Whenever you see the “Your Track to Health” brand used on communications and in materials, you can know and trust that the information is important and is being provided to help you and your dependents better understand and optimize your health and welfare benefits.

The new website: www.yourtracktohealth.com

This new and improved site replaces the previous Railroad Information Depot (www.rrinfodepot.com). Be sure to bookmark the new website address www.yourtracktohealth.com for easy future access.



Learn about your health and welfare benefits and access the available tools and resources on www.yourtracktohealth.com.

More enhancements coming soon

There will be several new features added to the site in the coming months that will include:

- **Secure sign-on:** allows eligible employees and their dependents who are enrolled in the health and welfare benefits to securely access and manage personal benefits information online.
- **An email registration and subscription center:** allows eligible employees and their dependents to opt-in to receive important benefits, enrollment and health/wellness information, alerts and updates via email. The subscription center is where you can update and manage your email communications preferences.

Note: Information on this site applies to Railroad employees currently or formerly covered nationally under The Railroad Employees National Health and Welfare Plan, The National Railway Carriers and United Transportation Union Health and Welfare Plan and certain other supplemental and retirement plans. It does not apply to AMTRAK employees.

Stay tuned for future enhancement announcements and benefits communications on www.yourtracktohealth.com.



Snap a pic of this code using the QR Reader on your smartphone and be taken directly to the site.



6/13 CCS13-230b



Lyme disease: symptoms, prevention, treatment

Throughout the summer, it is important to know about Lyme disease and how you can prevent it and treat it.

What is Lyme disease?

Lyme disease is caused by the bacterium *Borrelia burgdorferi* and is transmitted to humans and animals through the bite of a deer tick or blacklegged tick.

If left untreated, Lyme disease can cause:

- Chronic joint inflammation (Lyme arthritis), particularly of the knee
- Neurological symptoms, such as facial palsy and neuropathy
- Cognitive defects, such as impaired memory
- Heart rhythm irregularities

Symptoms of Lyme disease

The first sign of Lyme disease is often a rash where the tick bite occurred. The rash may start as a small red spot and get larger over a couple of days or weeks. The rash may be circular or oval-shaped and may look like a bull's eye. As the infection spreads, the rash can appear on different areas on the body.

Along with the rash, you may also experience flu-like symptoms:

- headache
- fever
- body aches
- stiff neck
- fatigue

Preventing Lyme disease

Here are some useful tips to prevent Lyme disease:

- Avoid tick-infested areas. This

includes wooded areas and shady grasslands where ticks are common.

- Cover up. Wear long pants, sleeves and socks to keep ticks off your skin.
- Use a tick repellent on yourself, your children and your pets. You can find an effective tick repellent containing permethrin at most lawn and garden stores.
- Check for ticks on yourself, your children and your pets. Be sure to check the hairy areas of the body and wash all clothing once you are back inside.

Removing ticks

If you find a tick, remove it by using fine-tipped tweezers; do not use petroleum jelly, a hot match, nail polish or other products. Make sure all parts of the tick are removed, and clean the area with rubbing alcohol or soap and water.

Treatment of Lyme disease

If you have been, or think you have been bitten by a tick and have any of the symptoms listed above, see your doctor as soon as possible. Your doctor can do an exam and order tests to diagnosis if you have Lyme disease. If diagnosed, you may be prescribed antibiotics. A complete recovery from Lyme disease is possible with appropriate treatment.

For more information about Lyme disease, visit any of the following websites:

- U.S. Department of Health and Human Services / Centers for Disease Control
- Mayo Clinic

Information provided by U.S. Department of Health and Human Services and the National Institutes of Health and the Mayo Foundation for Medical Education and Research.



Deer ticks are generally the size of a sesame seed



Rash: symptom of Lyme disease

TAKE NOTE

Three things to remember about Lyme disease:

1. **Avoid tick-infested areas.** Cover up and use tick repellent when in grassy or heavily wooded areas.
2. **Check yourself, your children and your pets** for ticks.
3. **Contact your doctor as soon as possible if you have a rash or any other symptoms of Lyme disease.**

FINANCIAL ASSISTANCE AVAILABLE FOR FAMILIES OF DECEASED RAILWAY EMPLOYEES

The John Edgar Thomson Foundation, established in 1882 and endowed by the will of Mr. Thomson, third President of the Pennsylvania Railroad, offers limited financial assistance to daughters of a deceased parent. The parent, regardless of gender, must have been in the employ of any railroad in the United States at the time of death, although the cause need not be work related. Also, the employee must have been considered actively employed by the railroad even though on disability or sick leave at the time of death. Whatever grant is awarded usually serves to benefit all members of the family. Eligibility is dependent upon the daughter and the surviving parent remaining unmarried and meeting certain other criteria.

The monthly allowance made under the grant may cover the period from infancy to age 18; under certain circumstances to age 24, to assist grantees who are pursuing higher educational goals. The Foundation also offers special health care benefits.

The funding of the work of the Foundation is completely independent of any railroad. It neither solicits nor receives funds from the public. Further information and applications may be obtained by writing to:

Sheila Cohen, Director
The John Edgar Thomson Foundation
201 South Eighteenth Street,
Suite 318
Philadelphia, Pennsylvania 19103

Telephone (215) 545-6083
(800) 888-1278
Fax (215) 545-5102

E-mail: sjethomson@aol.com

Kevin E. Hussey

Brother Kevin Hussey passed away Tuesday, July 30, 2013 at Robert Wood Johnson University Hospital in New Brunswick, New Jersey. Kevin was 62 years old.

Kevin was born on Long Island but moved to Old Bridge, New Jersey in 1957 and remained a lifelong resident.

He was a member of Pennsylvania Federation Local Lodge 3068, and an active member of the BMWED for more than 33 years.

Kevin lived his life to the fullest. He travelled the world, running with the bulls in Spain, playing rugby in New Zealand, fishing in Costa Rica, golfing, camping, canoeing, reading, and playing tennis all over the United States.

A tireless worker, Kevin was a track worker for Amtrak and Vice Chairman of the Brotherhood of Maintenance of Way Employees for over 30 years, and committed a great deal of his free time to political activism. He had continued as a very effective BMWED New Jersey State Legislative Director up until the time of his death.

He was predeceased by his parents, Edward and Rita and brothers Brian and Terrance.

Surviving are his wife of 30 years, Rita, son Brian, sisters Colleen (Greg) Petersen, Kate (Warren) Serposs and Patricia (Mr. Shannon Carter) Hussey, brothers Sean (Darlene), Timothy (Linda) and Darren Hussey, and many nieces and nephews.

"Kevin was one of the most energetic and involved BMWED members I have ever met," offered BMWED President Freddie Simpson. "His work for the members, both as an advocate for the membership and as the BMWED New Jersey State Legislative Director, will be sorely missed. I speak for the entire BMWED membership when I extend our heartfelt condolences to Kevin's family."





U.S. Department of Labor's OSHA announces proposed rule to protect workers exposed to crystalline silica

WASHINGTON – The U.S. Department of Labor's Occupational Safety and Health Administration announced a proposed rule on August 23, 2013, aimed at curbing lung cancer, silicosis, chronic obstructive pulmonary disease and kidney disease in America's workers. The proposal seeks to lower worker exposure to crystalline silica, which kills hundreds of workers and sickens thousands more each year. After publication of the proposal, the public will have 90 days to submit written comments, followed by public hearings.

"Exposure to silica can be deadly, and limiting that exposure is essential," said Dr. David Michaels, assistant secretary of labor for occupational safety and health. "Every year, exposed workers not only lose their ability to work, but also to breathe. This proposal is expected to prevent thousands of deaths from silicosis—an incurable and progressive disease—as well as lung cancer, other respiratory diseases and kidney disease. We're looking forward to public comment on the proposal."

Once the full effects of the rule are realized, OSHA estimates that the proposed rule would result in saving nearly 700 lives per year and prevent 1,600 new cases of silicosis annually.

Exposure to airborne silica dust occurs in operations involving cutting, sawing, drilling and crushing of concrete, brick, block and other stone products and in operations using sand products, such as in glass manufacturing, foundries and sand blasting.

The proposal is based on extensive review of scientific and technical evidence, consideration of current industry consensus standards and outreach by OSHA to stakeholders, including public stakeholder meetings, conferences and meetings with employer and employee organizations.

"The proposed rule uses common sense measures that will protect workers' lives and lungs—like keeping the material wet so dust doesn't become airborne," added Michaels. "It is designed to give employers flexibility in selecting ways to meet the standard."

The proposed rulemaking includes two separate standards—one for general industry and maritime employment, and one for construction.

The agency currently enforces 40-year-old permissible exposure limits (PELs) for crystalline silica in general industry, construction and shipyards that are outdated, inconsistent between industries and do not adequately protect worker health. The proposed rule brings protections into the 21st century.

The proposed rule includes a new exposure limit for respirable crystalline silica and details widely used methods for controlling worker exposure, conducting medical surveillance, training workers about silica-related hazards and recordkeeping measures.

OSHA rulemaking relies heavily on input from the public and the agency will conduct extensive engagement to garner feedback from the public through both written and oral comments. OSHA will accept public comments on the proposed rule for 90 days following publication in the Federal Register, followed by public hearings. Once public hearings conclude, members of the public who filed a notice of intention to appear can then submit additional post-hearing comments. Additional information on the proposed rule, including a video; procedures for submitting comments

and the public hearings can be found at www.osha.gov/silica. Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA's role is to assure these conditions for America's working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit <http://www.osha.gov>.

Editor's Note: For Maintenance of Way employees, silica dust is often generated when ballast, especially granite ballast, is dumped from ballast cars or mechanically manipulated during surfacing operations and other track work.

In 1990 and 1992 respectively, the National Institute for Occupational Safety and Health (NIOSH) conducted Health Hazard Evaluations (HHE) on two Class I Railroad carriers to assess silica exposure among BMWED members. As a result of those studies, NIOSH determined that (MW) "employees were being overexposed to crystalline silica" and "the potential for excessive crystalline silica exposure exists."

BMWED intends to actively support these new rules for reducing workplace exposure to crystalline silica. If any active, retired or disabled member whose health has been affected by silica exposure would like to assist BMWED in documenting the need for these proposed new rules, please send an email to BMWED Director of Safety Rick Inclima at Ricki@bmwe.org. BMWED will keep your identity strictly confidential and will not reveal your name without your explicit approval. Thank you.

Commemorative U.S. Postage Stamps Released August, 2013 *Note the Track Walker!*

 <p>USA Building a Nation</p>	 <p>USA Building a Nation</p>	 <p>USA Building a Nation</p>	 <p>USA Building a Nation</p>
 <p>USA Building a Nation</p>	 <p>USA Building a Nation</p>	 <p>USA Building a Nation</p>	 <p>USA Building a Nation</p>
 <p>USA Building a Nation</p>	 <p>USA Building a Nation</p>	 <p>USA Building a Nation</p>	 <p>USA Building a Nation</p>





Check Out the Savings!
GO ONLINE TODAY @

www.bmwe.org, click store

BMWED
ONLINE
STORE

**Wear
it with
PRIDE**



Retiree Watches
Get it Engraved!



Customize It!

Special order it now

Add your name & local union
number on the front or add an
American Flag and/or Proud To Be
Union to the Left Sleeve
Ask for details.

Hats!



As low as
\$12.00



Bags



Carhartt Closeout

*Huge savings while supplies last on
Carhartt Jacket Closeout*



**Free Beanie Hat with
\$50.00 purchase!**

Custom Orders available... email store@bmwe.org today...



DEATH BENEFIT DEPARTMENT

REPORT OF DEATH BENEFIT CLAIMS PAID DURING MAY AND JUNE, 2013

NAME	CITY/STATE	LODGE/SYSTEM/RR	D.O.D.
JOHN E. ANDERSON	PHILLIPSBURG, KS	1214 BURL/LIFE	04/09/13
CHARLES BARKIE	GRAND FORKS, ND	1280 BURNOR/LIFE	05/18/13
WILLIAM S. BOUDLE	BLOOMFIELD, VT	0032 CRSF/LIFE	05/13/13
HERBERT C. BRIDGES	ARLINGTON, TX	0927 AF/LIFE	01/07/09
PETE CLEMONS	ROCHESTER, IN	3043 PENN/LIFE	02/28/09
LIORBARDO MARTINEZ SR	BILLINGS, MT	0295 BURNOR/LIFE	03/26/13
WILSON ENGLAND	PORTAGE, MI	1664 CRSF/LIFE	04/11/13
WILLARD S. SIMPSON	SOMERSET, PA	1556 AF/LIFE	05/03/13
EDWARD SORGE	NEW SALEM, ND	0306 BURNOR/LIFE	03/30/13
DUANE D. TULBERG	RICHLAND, WA	1426 BURNOR/LIFE	05/13/13

PAID MAY 1, 2013 TO JUNE 30, 2013	\$ 5,000.00
AMOUNT PREVIOUSLY PAID	\$45,441,307.75
TOTAL AMOUNT PAID TO DATE	\$45,446,307.75
NUMBER OF CLAIMS PAID – 14	

REPORT OF DEATH NOTICES RECEIVED DURING MAY AND JUNE, 2013

JOSEPH M. DREWNOSKI	WAYNESVILLE, NC	0525	SOU/NS	05/06/13
LUCAS J. HEUSMAN	EDDYVILLE, NC	1214	BURL/BNSF	05/13/13
CHAD W. MURPH	KANNAPOLIS, NC	0524	SOU/NS	05/04/13
MILO A. SQUIRES	ROSEDDA, LA	0564	AF/KCS	05/08/13
R. W. WRIGHT	PHENIX CITY, AL	0804	SOU/NS	05/15/13
RICHARD E. YOUNG	TOLEDO, OH	1037	CRSF/CSXT	06/19/13

New Benefit Year Begins July 1 for Railroad Unemployment and Sickness Benefits

A new benefit year under the Railroad Unemployment Insurance Act begins July 1, 2013. The maximum daily benefit rate payable for claims under this Act increases to \$68 in the new benefit year. Benefits are normally paid for the number of days of unemployment or sickness over four in 14-day registration periods, so maximum benefits for biweekly claims would total \$680.

However, as a result of a sequestration order under the Budget Control Act of 2011, the U.S. Railroad Retirement Board (RRB) reduced unemployment and sickness benefits by 9.2 percent effective March 1, 2013. The reduction amount was based, in part, on projected claims and benefit payments for the remainder of the 2013 fiscal year.

For this reason, the maximum daily benefit rate will be \$61.74 at the start of the new benefit year, or a maximum of \$617.44 in a two-week period. Certain sickness benefits are reduced for regular tier I payroll taxes of 7.65 percent. Coupled with the 9.2-percent reduction, the maximum daily benefit rate on these sickness benefits will initially be \$57.02 or a maximum of \$570.21 over two

weeks.

The total sequestration amount is spread out over a nine-year period, with the initial impact in the period ending September 30, 2013. Congress will determine the amount of any reductions in the fiscal year beginning October 1, 2013, and subsequent years.

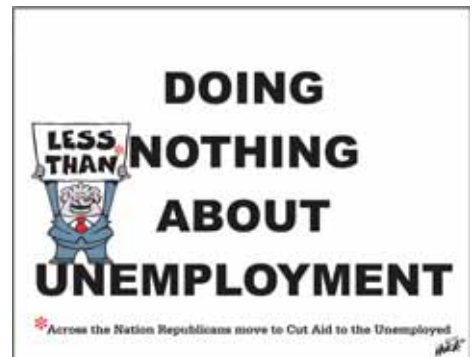
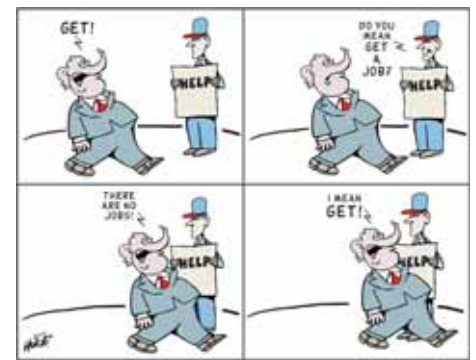
During the first 14-day claim period in a benefit year, benefits are payable for each day of unemployment or sickness in excess of seven, rather than four, which, in effect, provides a one-week waiting period. Initial sickness claims must also begin with four consecutive days of sickness. However, only one waiting period is required during any period of continuing unemployment or sickness, even if that period continues into a subsequent benefit year. Claimants already on the rolls will, therefore, normally not be required to serve another waiting period because of the onset of the new benefit year.

To qualify for normal railroad unemployment or sickness benefits in the benefit year beginning July 1, 2013, an employee must have had railroad earnings of at least \$3,412.50 in calendar year 2012, counting no more than \$1,365 for any month. Those who were first

employed in the rail industry in 2012 must also have at least five months of creditable railroad service in that year.

Under certain conditions, employees with at least 10 years of service who do not qualify in the new benefit year on the basis of their 2012 earnings may still be able to receive benefits after June 30, 2013. For example, such employees who received normal benefits in the benefit year ending June 30, 2013, might still be eligible for extended benefits. In addition, ten-year employees may be eligible for accelerated benefits if they have rail earnings of at least \$3,512.50 in 2013, not counting earnings of more than \$1,405 a month.

Application forms for unemployment and sickness benefits may be obtained from railroad employers, railroad labor organizations, any RRB office, or the agency's website at www.rrb.gov. As an alternative to applying for unemployment benefits through the mail, rail workers can file applications and subsequent claims for unemployment benefits online. Similarly, they can file claims for sickness benefits online, although the original application must still be submitted by mail. Employees can



also access information about their individual railroad unemployment insurance account statements online. These account statements provide a summary of the unemployment and sickness benefits paid under the Railroad Unemployment Insurance Act to rail employees.

To access these online services, employees must first establish an RRB Internet Services account. For security purposes, first-time users must apply for a Password Request Code, which they will receive by regular mail in about 10 business days. To do this, employees should click on the link for requesting a Password Request Code (PRC) in the Benefit Online Services Login section of the www.rrb.gov home page. Once employees establish their online accounts, they will be able to file their applications and biweekly claims for unemployment benefits as well as conduct other business with the RRB over the Internet.

Employees are encouraged to initiate an online account while still employed so the account is established if they ever need to use these or other select RRB Internet services. Employees who have already established online accounts do not need to do so again.

Claimants with questions about unemployment or sickness benefits should contact an RRB office by calling toll free at 1-877-772-5772. Claimants can also find the address of the RRB office servicing their area and get information about their claims and benefit payments by calling this toll-free number. Most RRB offices are open to the public from 9:00 a.m. to 3:30 p.m., Monday through Friday, except on Federal holidays. Field office locations can also be found online at www.rrb.gov.

Flexible Spending Accounts: Reimbursable Expenses

As Open Enrollment approaches, there have been more questions about what expenses will be reimbursed under the Flexible Spending Accounts (FSA). The truth is, there are a wide variety of medical expenses that apply. All it takes is a little planning and about 20 minutes, and you can make sure that the expenses you have will be covered.

A FSA works as a sort of savings account where you can put a pre-tax amount (between \$120 and \$2500), deducted monthly, aside that you can use on medical expenses. This amount is deducted automatically from your paycheck and can be used at any time during the plan year, up to the amount you decide to put in. The funds in the account must be used by the end of the plan year or the grace period.

Your FSA covers qualified medical expenses. There are a large amount of expenses that qualify, making your FSA a real money savings machine. You can use your FSA for:

- Deductibles and copays
- Dental treatments such as cleanings, fillings, x-rays, braces and, root canals
- Hearing aids
- Lasik and eyeglasses
- Prescriptions
- Ambulance
- And much more

One thing that you cannot use your FSA for is for Over the Counter medications, unless you have a prescription. So for example, if you went to the doctor for a back injury and he prescribed you Advil, you would be able to use the funds in your FSA. However, if you do not have a prescription for Advil, that purchase would not be reimbursed. The only exception to having a prescription is insulin.

One can easily plan how much to put into a FSA by looking at what was spent last year on medical bills. There are two websites that you can look at to make sure that expenses you need are covered and will be reimbursed. The first is the UHC website <https://rrinfo depot.com/Content.aspx?MenuId=26>. They have a large list of expenses that are reimbursed under the FSA. The second site, and the most accurate, is www.irs.gov, or to find the right publication year put in a Google search for "IRS FSA eligible ex-

penses for 2013." The most current list for 2012 will give you the right idea of what expenses qualify at <http://www.irs.gov/publications/p502/index.html>.

Practically everything that you and your family will spend on

medical expenses, will be reimbursed by your FSA. All you need to do is take a few minutes out of your day and see what you spend your money on and put that amount into your FSA. You'll be able to save money on those medical expenses

because those pre-tax dollars you choose to fund your FSA saves you money come tax time. Not only can you get reimbursed from your FSA on expenses you already have, but you can have money come back to you every year.

What is a Health Flexible Spending Account (FSA)?

A health FSA lets you use pre-tax dollars, which are deducted from your paycheck, to cover eligible medical, pharmacy, dental and vision expenses.

You can use a health FSA to help pay for certain health care expenses not covered by your other benefits. Examples of FSA expenses may include laser eye surgery, certain dental expenses and acupuncture, just to name a few. See the list of eligible health FSA expenses at yourtracktohealth.com, select *Benefits* and then select the *Health Flexible Spending Account* from the left menu.

To learn more about a health FSA, watch a short video on yourtracktohealth.com, go to the *Quick Links* on the home page and select *Video Library*.



Snap a picture of the code using the QR Reader on your smartphone to launch the video.



Stay tuned for Part 2 in this communications series about the health FSA, which will include information to help you understand the potential tax savings you could enjoy by enrolling in a health FSA.

Consider the Health FSA

1. Estimate your expected eligible FSA expenses for you and your dependents for the coming year.
2. Decide how much money you want to contribute annually to your FSA. You can contribute as little as \$10 per month (\$120 annually) or as much as \$2,500 annually. See the Health FSA Summary Plan Description (SPD) on yourtracktohealth.com, select *Benefits* and then select the *Health Flexible Spending Account* from the left menu.
3. Enroll in the health FSA during Open Enrollment.
Note: You must re-enroll in your FSA every year — FSA enrollment is NOT automatic each year.

After the plan year starts, the money will be taken out from each paycheck tax-free and put into your health FSA account for you to pay for eligible health care expenses. It's that simple.

Visit yourtracktohealth.com for more information about the health FSA, or call the FSA Customer Care Center at 1-888-298-9754.



Your Track to Health
Total health and well-being benefits for Railroad members



UnitedHealthcare

© 2013 United HealthCare Services, Inc. (CCS 13-232a)



BMWED Family Member Awarded 2013 Union Plus Scholarship

Winners Honored for Achievement and Union Values

Union Plus has recently awarded \$150,000 in scholarships to 115 students representing 36 unions, including one winner representing the Brotherhood of Maintenance of Way Employees Division (BMWED), in the 2013 Union Plus Scholarship Program. In this 22nd year of the program, more than 5,300 applications were received from union members and families in all 50 states. This year's BMWED winner is:

• Gregory Hamilton of Springfield, Missouri, whose father Philip Hamilton is a member of BMWED Local 493, has been awarded a \$1,000 scholarship.

"The union movement believes strongly in education, which for generations has helped working people to advance their own careers and improve the lives of their children," says Leslie Tolf, president of Union Privilege, the organization that provides Union Plus benefits for union families. "These days, however, rising

tuitions and expensive student loans are putting higher education out of reach for many working families. That's why we continue our long commitment to funding college scholarships to help union families achieve their dreams."

Meet the 2013 BMWED Honoree Gregory Hamilton

Many members of union families have great appreciation for their benefits, but few have had such an intimate and personal connection to union health care as Gregory, who



when he was in the 4th grade, needed a \$40,000 heart surgery. Such expensive medical procedures have bankrupted many working families, but thanks to the BMWED, Gregory's family had to pay nothing out of pocket. Gregory is now blessed with a healthy heart to go with his sharp mind: he plans to study and one day teach mathematics.

Learn More About the Union Plus Scholarship Program

Union Plus Scholarship awards are granted to students attending a two-year college, four-year college, graduate school or a recognized technical or trade school. Since starting the program in 1991, Union Plus has awarded more than \$3.5 million in educational funding to more than 2,300 union members, spouses and dependent children. Recipients are selected based on academic ability, social awareness, financial need and appreciation of labor.

In addition to the Union Plus Scholarships, the following benefits help union families afford higher education:

- National Labor College Scholarships help union members and leaders finish their degrees with an affordable, flexible and convenient online program at the National Labor College. Starting in September, the NLC will offer associate of arts degrees (for the first two years of college).

- Discounts of 15 to 60 percent on college and graduate school test preparation courses from The Princeton Review. Discounts are available for classroom, online and private tutoring for the SAT®, ACT®, GMAT®, LSAT®, GRE® and MCAT® as well as college affordability and admissions online courses. Visit UnionPlus.org/CollegePrep or call 1-888-243-7737.

Visit UnionPlus.org/Education for applications and benefit eligibility.

Union Plus also provides a wide range of money-saving benefits and services for union members, including discounts on all-union AT&T wireless service, a credit card and mortgage with unique financial assistance, savings on travel and recreation, and more. To learn more, visit UnionPlus.org.

BIG NEWS FOR UNION MEMBERS

EARN UNLIMITED

1.5% CASH
REWARDS

ON EVERY PURCHASE



INTRODUCING THE NEW AND IMPROVED BMWED CREDIT CARDS

The BMWED Rewards Card is one of the 40 Union Plus benefits designed to meet the needs of hard-working union members. Cardholders can earn unlimited, no-hassle 1.5% cash rewards and after just 3 months as a cardholder you may be eligible for unique assistance in times of need. This card comes with:

- ✓ Improved assistance benefits for eligible cardholders, including job loss, strike, disability and hospital grants
- ✓ 24/7 U.S.-based customer service
- ✓ Low intro APR for 12 months
- ✓ Competitive rates
- ✓ \$0 fraud liability if your card is lost or stolen

Get the full details at UnionPlus.org/New
or call 1-800-522-4000

Another card option is available. Credit approval required. Terms & Conditions apply.



Railroad Retirement Board Scheduled
Informational Conferences

SEPTEMBER

- Friday, September 6 Harrisburg, Pennsylvania
Wyndham Garden Hotel
765 Eisenhower Boulevard
- Friday, September 13 Roanoke, Virginia
Holiday Inn
3315 Ordway Dr.
- Friday, September 13 Fort Worth, Texas
Norris Conference Center
Cypress Room
304 Houston Street
- Friday, September 20 Salt Lake City, Utah
Crystal Inn Hotel-Suites
230 West 500 South
- Friday, September 20 New Berlin, Wisconsin
Holiday Inn Express
5451 W. Beloit Road
- Friday, September 27 Decatur, Illinois
Decatur Conference Center
and Hotel
4191 U.S. Hwy. 36 West

OCTOBER

- Friday, October 4 Mason, Ohio
Hilton Garden Inn
5200 Natorp Boulevard

- Friday, October 18 Louisville, Kentucky
Crowne Plaza
Louisville Airport Expo Center
830 Phillips Lane
- Friday, October 18 Pittsburgh, Pennsylvania
Greater PA Regional Council
of Carpenters Union Hall
650 Ridge Road
- Friday, October 25 Philadelphia, Pennsylvania
Sheet Metal Workers
Local 19 Union Hall
1301 W. Columbus Boulevard

NOVEMBER

- Friday, November 15 Houston, Texas
Holiday Inn Intercontinental
Airport
15222 John F. Kennedy Blvd.
- Friday, November 22 Phoenix, Arizona
Arizona Sheet Metal Workers
Local #359
2604 E. Adams Street

DECEMBER

- Friday, December 6 Tampa, Florida
Embassy Suites Hotel
3705 Spectrum Boulevard
- Friday, December 6 Metairie, Louisiana
Four Points by Sheraton
6401 Veterans Memorial
Boulevard



Brotherhood of Maintenance of Way Employes Division
41475 Gardenbrook Road
Novi, MI 48375-1328



Periodicals Postage
PAID
Southfield, Michigan
and additional offices



recycled paper

